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JUNE

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HATS OFF TO THE SEASON
The Great British Summer

LINKS

L O N D O N

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linksoflondon.com

EDITOR'S DESK

editor's letter



Summer and the living is colourful! June includes several stellar celebrations, starting with, in many communities, Pride Month, and my picks, right, include some multi-hued favourites to pay a small, stylish tribute to the iconic rainbow flag.

Next up, Father's Day, and our print collab with Canada's *Sylvanus Urban* magazine has yielded (we think) our finest men's gift guide to date (pages 4 and 5), while our fashion feature (page 6) reveals how male trends—and the #metoo movement—are influencing womenswear this season.

Also inside: discover the brand-new **Links of London** boutique in **Pacific Centre** (page 7) and read about the delicious debut of **The Courtney Room** in Victoria's **Magnolia Hotel** (page 8). Plus, beer-and-wine pairings just for dad (page 11). Enjoy!

Noa Nichol

EDITOR-IN-CHIEF

*P.S. One of our favourite local retailers, **Blubird**, opens its brand-new (and no doubt beautiful) store on Alberni Street this month. We'll bring you all the juicy, gorgeous details in our July issue. Stay tuned!*



ARCH DE TRIOMPHE
Amped up with sequins and glitter, this Coach charm (\$87) will brighten any handbag or set of keys. 755 Burrard St., 604-694-1772. Ca.coach.com



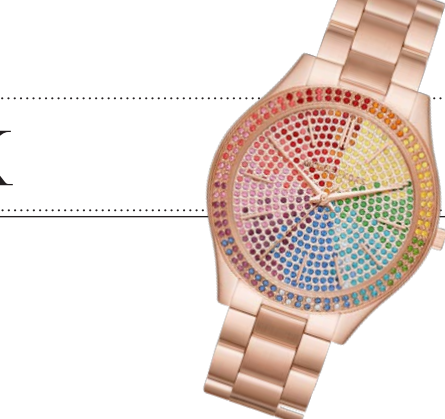
SWEET STUFF
Macarons in general make me happy; multicoloured ones by my friend Carly Wintschel of **Kitchening & Co.** even more so. Her latest creation sees rich birthday-cake buttercream festooned with naturally hued sprinkles sandwiched (macaron-ed?) between two perfect shells. Get 'em at **Urban Fare**, **City Market Arbutus** and **Fresh Street Market**. Kitchening.ca

PHOTO: CORRY LARSEN

SIMPLY CHARMING
The word "zebra" figures at the end of every ABC book I read to my daughter, so I might as well rock one, rainbow-style (\$105), on my **Links of London Sweetie** bracelet, too! 701 W. Georgia St., 604-669-8801. Linksoflondon.com



SOLE PURPOSE
If you happen to find yourself in Toronto this summer, let these be-rainbow-dazzled **Celesta** boots serve as a reminder to see the **Bata Shoe Museum's** newest exhibit, *Manolo Blahnik: The Art of Shoes*, featuring more than 200 of the master's iconic shoes, including the made-famous-by-Carrie-Bradshaw **Hangisi** and collabs with **Rihanna** and **Vetements**. Step to it! 327 Bloor St. W., Toronto, 416-979-7799. Batashoemuseum.ca



COLOUR CLOCK
I'd gladly give up glancing at my phone if I had this time-telling slim runway watch with rainbow pavé by **Michael Kors** (\$495) wrapped 'round my wrist. 650 W. 41st Ave., 604-629-0286. Michaelkors.ca



OPTICAL ILLUSION
Did you know that the camera-famous **Polaroid** company makes sunglasses, too? These pretty polycarbonate pairs (\$75 each) come in a rainbow of bright colours and offer your peepers stellar sun protection to boot. Polaroideyewear.com

VITA

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FOR FATHERS

OUR FIRST-EVER PRINT COLLAB—WITH MEN'S MAGAZINE SYLVANUS URBAN—HAS YIELDED (WE THINK) THE WINNINGEST ROUNDUP OF GIFTS FOR DADS



WATCH OUT
Give dad the glorious gift of time with this L.U.C. Heritage Grand Cru wristwatch (\$31,700)—an exceptional piece that gives a nod to the pocket watches created by Louis-Ulysse Chopard. 925 W. Georgia St., 604-684-6515. Chopard.com

GOOD SPIRITS
Drink to dad with a bottle of Herradura Reposado tequila (\$75 at BC Liquor Stores), aged for nine months longer than the industry standard. Beliquorstores.com

MIX THIS!
Vitadaily.ca/lifestyle



SAY CHEESE

Indulge dad's desire to capture every family moment with this perfectly compact and classically styled X100F camera (\$1,525 at Broadway Camera) by Fujifilm. 102-1055 W. Broadway, 604-733-9282. Bccamera.com



FRAGRANCE FIRST
Chanel has released its woodsy, wonderful Bleu de Chanel for men (from \$99 at Holt Renfrew) just in time for Father's Day. 737 Dunsmuir St., 604-681-3121. Holtrenfrew.com | Chanel.ca

CASE CLOSED

Another collab, this time between Fendi and Rimowa, has resulted in a modern suitcase (\$2,850) any style-conscious travellin' dad will love. Rimowa.com



GO NUTS
This limited-edition "strongman"—part of a whimsical collection from Italian designer Alessi (\$1,950 at LivingSpace)—is guaranteed to crack even the toughest shell. 1706 W. 1st Ave., 604-683-1116. LivingSpace.com



LOOKING SHARP
Encourage dad to channel his inner chef (or just give him a hint to get cracking on dinner) with this hand-sharpened carbon-steel vegetable cleaver (\$290) by Sugimoto. Knifetoronto.com

ON THE CUFF

Dad will sail through his board meetings in style with these sterling-silver yacht cufflinks (\$270) from Links of London. 701 W. Georgia St., 604-669-8801. Linksoflondon.com



SUGAR DADDY

Move over five-cent gummies—there's a new sweet-tooth satisher in town. Founded in Vancouver by Hala Hamach, Candy Fix is Canada's first online interactive sweets boutique that lets you create and customize your own candy boxes (for Father's Day or other special-occasion gifts or for yourself; the company also offers party favours for, say, weddings). Just pick your package, choose your candies (dad will love the hot chili peppers and chocolate river rocks), add personal touches—like a customized label—et voila! Candy crushing it! Candyfix.ca



GREEN LIGHT
Get dad to stop and smell the succulents with this Well light (\$734) by Toronto-based object/interface. Part pendant, part planter, all illuminating. Objectinterface.ca



WIN THIS!
Vitadaily.ca/contests

TOP PICK

The best way for pop to finish a meal? A luxury toothpick. With top-shelf flavours like salted birch and bourbon, these wooden wonders by Daneson (\$59 for an "every blend" six pack) are also eco-friendly (the company plants 100 trees for every one tree harvested). Daneson.com



GAME ON

From the dice to the doubling cube to the hand-poured resin tiles, this reversible backgammon and checkers set (\$452) by Shinola will help dad get his best game face on. Shinola.com



MAN MUG

He'll never burn his hands again with this double-wall ceramic-and-copper Joey mug (\$40) from Tokyo Smoke (with a location coming to Vancouver soon!). Ca.tokyosmoke.com



RAISE THE BARISTA

With its smooth curves and shiny exterior, this Elektra brass-and-copper beauty (\$3,900 at Espresso Dolce) is the Rolls-Royce of espresso machines—and the best way to get dad from zero to 100 in the morning. 1751 Boundary Rd., 604-326-3333. Espressodolce.ca

FASHION & SHOPPING



GOOD EGG

No Father's Day breakfast is complete without yolks, and Alessi's Tegamino single-portion egg pan (\$169 at [Kitchen Therapy](#)) provides the perfect way to prep and serve them. 10-2443 161 St., Surrey, 604-536-6005. [Kitchentherapy.ca](#)

COFFEE COLLAB
Crafted from recycled aluminum capsules, this limited-edition Pioneer Nespresso Dharkan Swiss Army pocket knife (\$66) marries dad's love of coffee with his desire to be handy. [Swissarmy.ca](#)



HOLE IN ONE
For the golf nut, this sterling-silver and stainless-steel putter (\$3,200) by [Tiffany & Co.](#) makes an everyday object extraordinary. 723 Burrard St., 604-630-1300. [Tiffany.ca](#)



SHOE IN

Fresh from Swims' spring-summer collection, the Barry Knit shoe (\$245 at [Gravity Pope](#)) provides a playful update to the legendary Oxford and will take dad from work to weekend in one easy step. 2205 W. 4th Ave., 604-731-7673. [Gravitypope.com](#)

SALT OF THE EARTH
Dad's next juicy steak—or artisanal cheese, or hand-rolled sushi—will taste even better (trust us) served on this Himalayan salt block (\$75) from [Williams-Sonoma](#). 2903 Granville St., 778-330-2581. [Williams-sonoma.ca](#)



TEA TIME

Vancouver's own [Not So Gentle Tea Co.](#) brews bold blends with names like the Blacksmith, General and Huntsman (\$52 for a box set) that are most certainly manly enough for dad. [Notsogentletea.com](#)



MEN'S MAG

Call us biased, but there's no better Father's Day read than [Sylvanus Urban's](#) latest "space issue" (with a limited-edition cover). Grab a copy in an [Air Canada Maple Leaf Lounge](#) or read the digital edition online. [Sylvanus-urban.com](#)



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She's the Man

CULTURAL MOVEMENTS LIKE GENDER FLUIDITY AND #METOO, PLUS THE '80S REVIVAL, HAVE LED TO A MASS OF MENSWEAR-INFLUENCED FASHION ON SPRING-SUMMER RUNWAYS
BY AILEEN LALOR

M

Sometimes trends seem to come from nowhere (ahem, thong jeans) and sometimes they're part of the seasonal, cyclical swing, like flippy pastel frocks in spring and puffa coats in winter. But, occasionally, one can trace a look's lineage easily. Case in point: the power suits we saw on spring-summer 2018 catwalks. These can be linked to everything from the the Hillary Clinton effect (she may not have won the election, but she could rock a two-piece suit like no other) to the Women's March and #metoo movement celebrating female empowerment to the 1980s revival that's been bubbling away for the past few seasons to the rising interest in and awareness of gender fluidity—that we don't need to identify as just male or female, but can travel along the spectrum and shift identities as we feel.

"We're in an era of many evolutions and revolutions shaking up what we have always accepted to be 'truths,' especially in the business world, from finance being shaken up by blockchain and pharma by cannabis to the rising number of female CEOs," says marketing and image consultant Crystal Carson. "Ultimately, our style is an opportunity to make a statement about who we are. Right now women are taking positions of power and

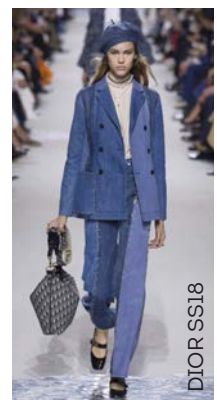


We're in an era of many *evolutions* and *revolutions* shaking up what we have **always accepted** to be 'truths'

GIORGIO ARMANI SS18



PAUL SMITH SS18



DIOR SS18



BALMAIN SS18



CÉLINE SS18



PRADA SS18



TIBI SS18

defined voices in their communities, industries and the world. The power suit is a natural trend and statement look that women are wanting to rock with a personal twist to make it their own, rather than a uniform."

To Carson's point, this season's suits came in virtually every style: classic and business-like at **Jil Sander**, relaxed and slouchy at **Céline**, with shorts at **Prada** and rocking bold beachy prints at **Paul Smith**.

"The trend can be adapted to everyone's individual style and body type. If you're not one for something overtly masculine, you can opt for something that is unstructured and feminine. Anything goes," says stylist **Nadia Albano**.

The look is already being translated into everyday life—at least in celeb land, where suits have been a part of the #timesup movement at awards shows and premieres in past months. Famous women styled them in two ways: sexy, with nothing underneath or lingerie peeking through, and casual, with a white tee and sneakers. Albano says another way to make a suit look fresh and feminine is with floral prints, and she cautions that drapey pants, as seen at Céline, can be tough to pull off.

"Show a little skin and add a high heel to elongate the line of the body if you're opting for a drapey or palazzo pant suit; it can look frumpy otherwise," she says. "And, if you're petite, go for a cropped trouser."

Carson, meantime, thinks that power suits are more than just a fashion thing; they're a mindset.

"A well-tailored suit will show off your feminine shape and curves, but that isn't really the point this season," she says. "Whether it's for a big meeting to close a deal or a speaking engagement to a large audience, it gives you an appearance of strength. Both men and women wearing the same look gives a sense of balance or equality, too."

In some circles, though, a suit really is just a piece of clothing. When Melania Trump wore a white pantsuit to the State of the Union address, there was much media suggestion that she was making a covert feminist statement. Not so, according to *Teen Vogue*, which shut down that piece of press speculation in a sentence: "If you're not taking action, what you wear doesn't matter." ▼

THE Courtney Room

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Hot Shops

VANCOUVER'S GREATEST AND LATEST RETAILERS
BY NOA NICHOL



JUDITH & CHARLES

It's all about the ladies at **Judith & Charles'** new store. Set on the public-transit-only part of Granville Street opposite **Pacific Centre**, the boutique features white walls, light marble floors and sky-high ceilings—the perfect neutral canvas against which to showcase the Quebec-based womenswear-maker's elegant tailored offerings (including a poppy-red dress with pretty peplum cuffs called *Tricia*, for which we'll be back) and mini-selection of lifestyle products (sniff-worthy **Essenzialmente Laura** perfumes, candles and room sprays). Also on display: portraits of iconic females like *Frida Kahlo*, *Amelia Earhart* and *Coco Chanel* (the label, after all, aims to empower women with garments to suit every aspect of their lives, from weekend to work) alongside Canadian-made artwork. In fact, from now until August, the sale of small sculptures by Montreal artist *David Umemoto* will, in part, benefit **Charlie's Foundation**, which provides Dominican youth with a unique combination of English-language and tennis lessons. **640 Granville St., 604-696-0402. Judithandcharles.com**



LINKS OF LONDON

Small but mighty fine, the **Links of London** boutique, located on **Pacific Centre's** upper level, is a gem in more ways than one. Among many thoughtful details to look for: a white-porcelain English bulldog greeting customers at the entrance, a bespoke engraving and customization bar (cleverly hidden, when not in use, by a gold-coloured rolltop) and an à la carte jewelry spa, where you can get your bling cleaned and repaired in store (or grab a customized gold-and-diamond or "silver sparkle" maintenance kit to

go). Other "charms" in this near-800-square-foot space include glass cases full of the British brand's glittering wares, including its iconic *Sweetie* made-to-order bracelets, watches and necklaces, and a comfortable sitting area presided over by a framed photo of the Duke and Duchess of Cambridge (*Kate Middleton*, after all, has been wearing *Links'* stunning *Hope* egg earrings since 2011!). For our own no-less-regal rainbow-themed and *Father's Day* picks, flip to pages 3 and 4 of this magazine. **701 W. Georgia St., 604-669-8801. Linksoflondon.com**



ROLLS-ROYCE

It's not just a showroom, it's Canada's first standalone **Rolls-Royce** retail facility (the rest combine with other high-end car brands like **Karma** or **Lamborghini**)—and it's spectacular. As luxe as the vehicles the famed car company makes, the 4,500-square-foot, two-level, westside space boasts sleek finishes (black marble and gleaming metallics), unique architectural details and space for up to six **Rolls-Royce** models, including (as revealed at the grand-opening event) the brand-new *Cullinan*. No ordinary SUV, this high-bodied automobile was tested to destruction all over the planet (from the Sahara Desert to the wastes of Canada, so you know it can go off road in a pinch) and offers a suite of bespoke features (our favourite: a "viewing suite" that, at a touch of a button, deploys two rear-facing leather chairs and a cocktail table from within the rear compartment of the car). Talk about a great gift for dad! **1809 W. 5th Ave., 604-659-3208. Rolls-roycemotorcars-vancouver.com**



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DINING & DESIGN

New Noshes

WHERE AND WHAT TO EAT THIS MONTH



SOPRA SOTTO

Italian food on Commercial Drive may not be new, but our go-to restaurant sure is. **Sopra Sotto** boasts an uncomplicated menu inspired by nonna's cooking and fresh ingredients obtained from up-the-street and 'round-the-corner grocers, butchers and coffee roasters. Turin-native Enrico Fratoni is chef, prepping food that's simple and authentic (think antipasto misto for two (with an all-veg option available), ragù alla bolognese atop fresh chitarrine pasta and gluten-free choco cake with wine-poached pear). He also mans the resto's **Stefano Ferrara Forni** pizza oven, churning out Neapolitan pies topped with San Marzano tomatoes, Sicilian oregano, homemade sausage and more, that you cut to eat yourself with special pizza scissors. The décor, from white geometric floor tiles to rainbow-plumed birds on the walls, is, too, lovely—in fact, just weeks after opening, the space was taken over by film crews shooting an unrelated-to-the-restaurant dining scene. So grab a patio seat, check out the colourful Drive scene and dig in! **1510 Commercial Dr., 604-251-7586. Soprasottocancouver.com** NOA NICHOL



PHOTOS: LEILA KWOK

THE COURTNEY ROOM

When a restaurant imports a specialized meat fridge from overseas, you know it's poised for greatness. In fact, one look at **The Courtney Room's** plethora of cured, fermented and dry-aged offerings had us swooning before we even tasted a thing. Situated in Victoria's enchanting **Magnolia Hotel**, the exquisite space is draped in elements inspired by the brasseries and notorious inns of old Paris. Find beaded curtains, linger-worthy leather banquettes and gold accents alongside statement expressionist pieces by local artist Blu Smith and a glass enclosure displaying carefully curated wine selections on fantastic floating shelves. Leading the passionate and hospitality-driven crew is chef Sam Harris, whose seasonally forward menu marries local ingredients with a French flair. To keep our glass of Stella Maris by Pender Harbour-based **Sea Star Vineyards** company, we savoured (and loved) a perfect serving of cured steelhead, artfully placed atop pickled turnip noodles and tiny Vancouver Island-foraged mushrooms. Next, a summer salad speckled with garden-fresh veg from local growers like **Umi Nami Farm** and **Saanich Organics**, and lamb sausage over **Foxglove Farm's** carrot puree. With many more temptations to discover (including a five-course chef's tasting menu and cocktails galore), we're already scheming up our next visit—whether we have to plane, ferry or automobile to get there! **619 Courtney St., Victoria, 250-940-4090. Thecourtneyroom.com** RACHEL JOHNSTON

UNCLE TETSU

Much-anticipated Japanese cheesecake-vendor **Uncle Tetsu** has (lightly) landed in Western Canada, and it's already drawing massive crowds. Made of five ingredients (sourced locally at each location), this bakery's main offering is far fluffier than its New York-style counterpart and can be served three ways—fresh from the oven, at room temperature or chilled—to achieve different textures. The two other desserts on the new **Metrotown** location's menu are rusks (leftover cheesecake chopped up and slow baked) and honey madeleines (insider tip: those made here are the best the brand's Canadian director, Roberto Settembrini, has tasted). Take your place in line under the glossy red arch to order your cake (only one per customer!) or, if you don't have time to spare, stop to watch the baking process unfold via the open-concept kitchen. With a bit of patience, though, you can have your cheesecake and eat it, too. **4700 Kingsway, Burnaby. Uncletetsu-ca.com** MIRANDA SAM



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DINING & DESIGN

Global Exposure

INDULGE YOUR WANDERLUST WITH DÉCOR THAT CELEBRATES DIVERSE WORLD CULTURES
BY ISABEL ONG

M

Morocco has become one of the top travel destinations in the world, and it's easy to see why. With colourful spice markets and amazing architecture, this North African country oozes a magnetic—if not Instagram-worthy—allure. For décor junkies, it's a treasure trove of inspiration, considering the beautifully designed riads (traditional houses) and intricately woven textiles you can spot, well, everywhere.

But Moroccan isn't the only world culture you can celebrate via interior design. Centuries-old Chinese culture boasts home furnishings rife with emblems like dragons and flowers for luck and prosperity that, included in a modern-day setting, add an inevitable layer of gravitas and intrigue, while India-sourced pieces tend to favour bright hues and age-old traditions like block printing for an eye-catching and unconventional appeal.

The trick to incorporating global-influenced décor into your space is simple: just don't overdo it. To that end, we've scoured the shops for tasteful worldly finds that, one by one and with neither fuss nor muss, will inject life into every room of your home—and satisfy your sense of wanderlust at the same time. ♡



MOROCCAN DELIGHT

One easy way to inject colour into a minimalist or monochrome-heavy home is to include light fixtures that complement the dominant greys, whites and blacks. Ren-Wil's ceramic table lamp (\$200 at Nordstrom) has a striking white-and-blue pattern (think Moroccan floor tiles) that won't look out of place. 799 Robson St., 604-699-2100. Shop.nordstrom.com



SOUK FLAIR

If you love décor pieces in earthy tones you'll dig Simons' leather pouf (\$150). Sourced directly from a market in Morocco, it's the very definition of quiet luxury. 1060 Park Royal S., West Vancouver, 604-925-1840. Simons.ca



TASTE OF SICILY

Want a natural and welcoming atmosphere in your space that's reminiscent of Mediterranean-style interiors (like the ones you can find on Italy's Sicilian isle)? Ikea's irregularly shaped terra-cotta vase (\$20) comes unglazed and in a latte-coloured shade, serving as a great contrast to bright, bold blooms. 3320 Jacombs Rd., Richmond, 1-866-866-4532. Ikea.ca



ARABIAN NIGHTS

With its elaborate shapes and symbols, this tufted wool rug (\$158) from Anthropologie evokes visions of exploring the ancient Egyptian pyramids in Giza or Pharaoh's grand tombs in Luxor. What's more, its pink and orange tones lend extra warmth to any living space. Anthropologie.com



PASSAGE TO INDIA

Made of organic cotton, this Maiwa cushion cover (\$17) features a printing technique called ajrakh that uses hand-carved wooden blocks to transfer geometric patterns onto fabric. This piece, specifically, is made by a family living in the Kutch desert in Gujarat, India. 6-1666 Johnston St., 604-669-3939. Maixa.com



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TRIPS & SIPS

Florida Key

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STAY
Firmly plant yourself at the opulent **St. Regis Bal Harbour**—a five-star luxury resort boasting private 600-square-foot oceanfront villas with push-of-a-button service (ask for Philip or Wagner), Greek-inspired dining at **Atlantikos** resto, nightly Champagne sabering at the ritzy live-jazz bar and lounge-adorned balconies with epic coastal views. Stregisbalharbour.com

SHOP
With aquarium-lined flooring, lush greenery and art installations, **Bal Harbour Shops** offers luxury perusing to the max. **Tiffany**, **Stella** and **Tori** (among many others) will keep you company, and stay keen for celebrity sightings (word is J.Lo lives nearby). Balharbourshops.com

les amis du
FROMAGE



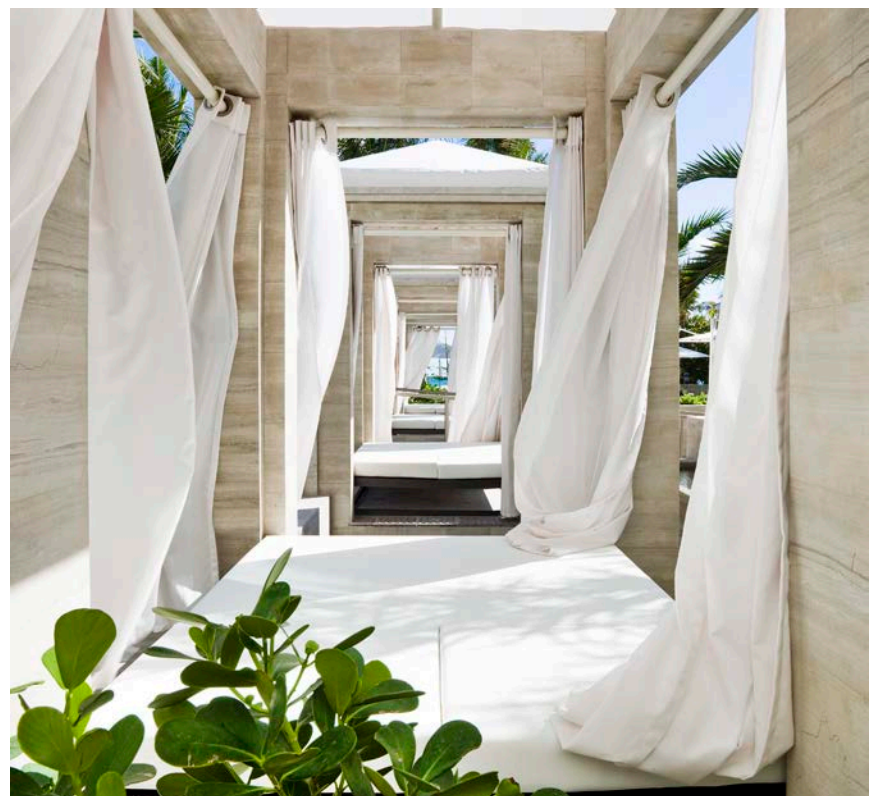
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SPA
Conveniently situated on site at the St. Regis, the très chic **Remède Spa** features Finnish saunas, a **Vichy** shower room and such posh treatments as a 24-karat designer facial and Hungarian moor-mud body wrap. Indulge in a blissful full-body massage, fully customized and finished with a paraffin foot wrap. Stregisbalharbour.com/remede-spa

SEE
With Miami playing host to the internationally renowned annual Art Basel show, Bal Harbour Village offers its own say on the subject. Borrow a bike from the hotel and cruise along beach paths to nearby galleries and public artworks, like the Rotorelief exhibit by Robert Chambers, featuring a real helicopter (on until November). Make it a day trip with a visit to the **Museum of Contemporary Art North Miami**—just a 15-minute zip away. Mocanomi.org



SAVOUR
A stone's throw from the resort, **Le Zoo's** breezy terrace offers lunch (or brunch!) perfection awash with Parisian décor and tropical foliage. Dive deep into fresh sea fare such as tuna tartare or the ironically named "petite plateau" piled high with just-caught lobster, oysters, clams and others of the crustacean variety. Don't forget to hydrate with a pineapple-soaked Chartreuse Swizzle. Lesoo.com



SIP & SNACK
Saunter across the street for a dusk-y cocktail at the **Grill at Bal Harbour**, overlooking the comings and goings of the shops. Try the Jackrabbit—a minty smash of reposado tequila (**Herradura**, we hope!), **Campari**, grapefruit and house-crafted sweet-and-sour syrup. Feeling peckish? When in season, ask for the grilled artichokes house specialty: "red label" heirloom, sourced from California and served with a tangy dipping sauce. Grillatbalharbour.com

TRIPS & SIPS

Beer 'n' Cheese

A COMBO MADE IN TASTE-TWINNING HEAVEN
BY NOA NICHOL

T

Think wine is the only drink you can enjoy with “le fromage”? Cheese pairs equally well (if not better) with beer as its grape-y cousin. We asked cheese pro Afrim Pristine (one of Canada’s only “maitre fromagers”—an honour given to just a few experts worldwide by the **Guilde Internationale des Fromagers**) how to pair local and rare cheeses with various beers (think sweet beer with salty cheese, sour beer with hearty, fatty cheese, and crisp pilsners with tangy goat cheese) and to share his favourite combos. (Tip: **Les Amis du Fromage** offers a huge selection of fine cheeses and expert insight at its two Vancouver locations; the beer, though, you’ll have to source elsewhere!).



ALIGN INTENSITY

Make sure that bold cheeses are paired with bold beers, and pair delicate cheeses with delicate beers. A misalignment in intensity will result in either the cheese or beer dominating the palate at the expense of the other. But if the intensities are aligned the flavours and characteristics in both the beer and cheese will have the opportunity to shine. Pairing: P.E.I. cheddar and **Mill Street Brewery’s** Cobblestone Stout are a stunning classic combo. They are both heavy-weight, bold and intense. Millstreetbrewery.com



BRIDGE FLAVOURS

Look for a flavour that is present in both the cheese and the beer ... they need to have something in common to bond over! Look for flavour characteristics in beer that can also describe cheese. Think peppery, woody, grassy, earthy, floral, herbaceous, nutty, smoky, tart, funky, fruity, toffee, caramel and spicy. Pairing: both middle-weight, rich and bold, **Alpindon**—an organic aged cheese made by **Kootenay Meadows** in Creston, B.C.—and **Stanley Park Brewing’s** DayTrip are an ideal pair. The cheese is similar to Gruyere, boasting a nutty and sweet profile that matches the dry-yet-fruity medium-body lager. Kootenaymeadows.com | Stanleyparkbrewing.com



CUT TASTES & TEXTURES

For a dynamic pairing you need an element of contrast. This is why beer and cheese are a match made in heaven.

The carbonation in beer naturally balances the richness and creaminess in cheese’s texture. Beer also can have bitterness, sweetness or acidity that cuts through the salt and fat of cheese.

Pairing: **Goose Island Midway ISA** recently launched and is a crisp, acidic and fresh-tasting beer with the power to cut through a gorgeous creamy gouda like **Lankaaster**, named “best cheese on the planet” in 2013. Gooseisland.com



EXPERIMENT AWAY

These are just general guidelines, but don’t let them hold you back from discovering magical and unexpected pairings by tasting and experimenting with different beer styles and varieties of cheese. Pairing: not normally put together, **Tiger Blue** by **Penticton’s Poplar Grove Cheese** and **Goose Island IPA** make for a unique and interesting match. Surprisingly, the big and intense flavour of the cheese and hoppy nature of the beer pair gorgeously and will excite your palate! Poplargocheese.ca Gooseisland.com



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