

VITA



À LA MODE
8 PARIS FASHION
WEEK *trends*
to ROCK THIS FALL

POPPIN'
BOTTLES
Bubbly SIPPING
TIPS from a PRO

Model
BEHAVIOUR
MONTREPRENEUR
Coco Rocha TALKS

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BEST IN K L A S S

KELSEY KLASSEN'S PICKS OF THE MONTH

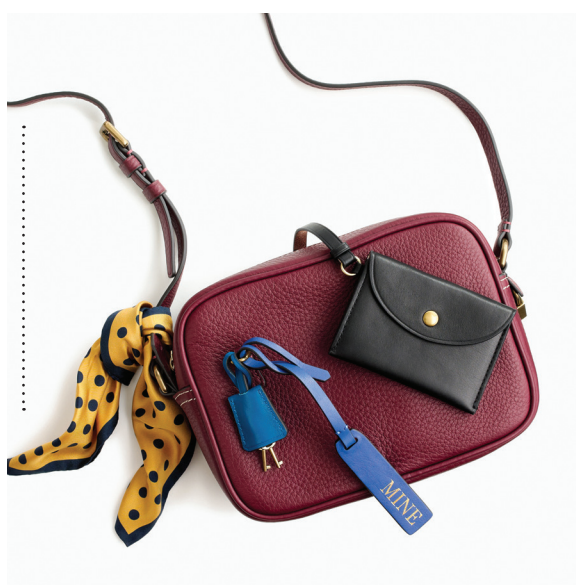
PARTY LIKE IT'S 1941

As Coach continues to celebrate 75 years of swagger (we swooned over this summer's limited-edition Disney collab), the American house of leather is invoking New York City cool with its fall campaign. The feminine-yet-tough runway collection features retro varsity bombers, workwear-inspired patchwork, and oversized woolly shearlings layered atop delicate silks and tea dresses for the Western-loving city girl. Highlights include the popular Rogue bag, updated with pearl cabochons and polished gunmetal rivets—each one applied by hand. **From \$895 at Coach. 755 Burrard St. Coach.com**



BAG TO SCHOOL

I remember eagerly anticipating each crisp, new J.Crew catalogue as a girl; however, as a private school-uniform casualty, I tended to use it to expand my collection of cardigans and cable-knit sweaters, and not much else. If I could do it all again, though, I'd definitely recruit J.Crew's new cross-body Italian leather Signet handbag in Roasted Chestnut, with playful leather key fobs and embossed bag tags to rock with my tartan the first day of school. **\$168 at J.Crew. 1088 Robson St. Jcrew.com**



AN OPEN BOOK

Summer might be over, but my beach time is just beginning. I'm headed back to Italy to visit family in the fall, and I'll be bringing the world's first fully waterproof eReader with me. At just 233 grams with a no-glare 6.8" touchscreen, the Aura H20 by Kobo is vacation reading made light and easy. **\$199 at Ca.kobobooks.com**

SIGNATURE SCENT

In other historic anniversaries, iconic Italian perfumer Acqua di Parma is celebrating 100 years this fall. To celebrate, the brand has launched two new fragrances: Note di Colonia (\$475), a collection of three fragrances that pay homage to Parma and the world of opera; and Colonia Edizione Centenario (\$1,105), an exclusive limited-edition bottle of Colonia, designed by Italian luxury jewelry brand Damiani. Only a 100 numbered bottles of Colonia Centenary Edition have been produced. Both available by special order only. **Call Maisons LVMH at 1-212-931-2250.**

S

September always ushers in a crisp, refreshing clarity after the packed unpredictability of summers in BC, as well as a bit of a reset for those of us who take stock of life each year with the onset of sweater season. It's also a chance to cosy up with the next wave of fashions from the hottest runways around the world. This edition, we explore **Paris Fashion Week's** fall and winter highlights, from the rich velvets of Ralph Lauren to Marchesa's glittering golds (page 4). We then bring it all the way back home again with a guide to finding the **City of Light in the City of Glass** (page 9). Our Parisian experience is also expanded downtown with the opening of the Chanel flagship in Holts (see **Hot Shops**, page 5). Meanwhile we catch up with model mom **Coco Rocha** (page 6) and covet the edgy interiors of **Emily Henderson**, who will be speaking at Vancouver's Interior Design Show this month. Then we toast the changing seasons with a guide to top shelf **Champagnes** (page 8). As the leaves change, may you too find inspiration in this fresh start to fall.

Kelsey Klassen EDITOR-IN-CHIEF

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VITA

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VITA

PARIS, OUI

EIGHT PARIS FASHION WEEK-INSPIRED
TRENDS TO ROCK FOR FALL.

BY JACQUELINE RANIT



DAVID BOWIE BOOTS

Between the rich velvet exterior and stacked heel, we don't know which to love more from these platform beauties by Miu Miu. \$990 at Holt Renfrew. 737 Dundas St. W., 604-681-3121.



PATCHWORK
Add a touch of hippie chic to your ensemble with Chloé's colourful Drew Small Leather and Suede Shoulder Bag. \$2,290 at Net-a-porter.com



WRIST BLING

With an 18 karat yellow gold case set with 60 brilliant-cut diamonds and a dial embroidered with gold and silk thread, Chanel's Mademoiselle Privé Camélia watch will be your fall outfit highlight.

At Chanel Holt Renfrew. 737 Dundas St. W., 604-682-0522. Chanel.com



CHOKERS

Exude confidence wearing these opulent '80s-inspired chokers from Lanvin and Fallon. \$1,105 and \$375 at Lanvin.com and Fallonjewelry.com



COSY CHIC

Snuggle up in this precious mixed wool and mohair capelet by Chanel—it's how French women do winter. Chanel.com



SATIN

All that glitters may not be gold, but this stunning cutout Marchesa gown with gilded leaf appliqué is a trésor. Marchesa.com



OFF-THE-SHOULDER

The Emmanuelle Alt of LBD's, this faux leather sheath dress by Chiara and Boni is sophisticated Parisian edge done right. ChiaraBoni.com

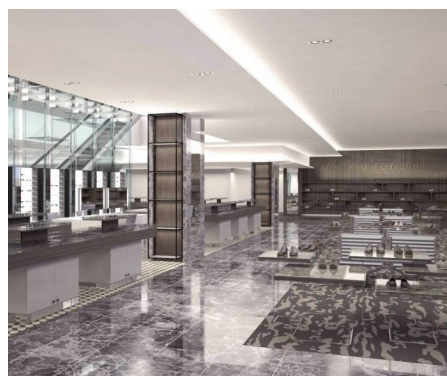
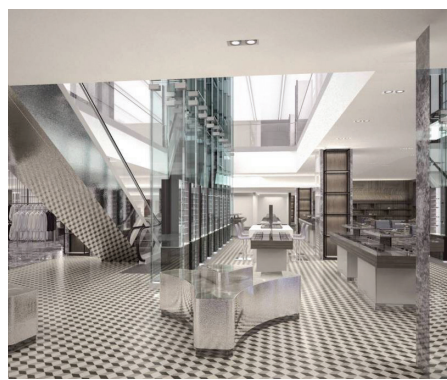


VELVET

Grunge couture at its finest, make an entrance in this sweeping Ralph Lauren crushed velvet dress. \$6,156 at Ralphlauren.com

Hot Shops

MEET VANCOUVER'S NEWEST RETAILERS



HOLT RENFREW

Following months of construction and speculation, shoppers will soon start enjoying a bigger, better **Holt Renfrew** come this fall. Along with an entirely new men's section with its own Howe Street entrance, there's also an 80-seat dining restaurant and bar, expanded women's leather goods, shoe and jewelry departments, along with a beauty lab featuring nail and hair salons. And for those who prefer a more intimate shopping experience, the private suites will be expanded and include an invite-only apartment complete with private elevator and patio. By year's end, the store will have added an extra 40,000 square feet, for a total of 190,000. Rolled out in phases, there's no denying this brand means business. On behalf of retail aficionados everywhere, we say thank you! *CF Pacific Centre, 737 Dunsmuir St., 604-681-3121. Holtrenfrew.com*

AUREA DEMPSEY



CHANEL

"A girl must be two things: classy and fabulous," said Coco Chanel—and that's exactly how we felt when walking through the white-lit entrance of **Chanel's** newly opened Vancouver flagship store at Hols. Canada's second largest location is a sprawling 5,060 square feet, has a Dunsmuir Street-facing facade and features the brand's only Canadian jewelry and watch boutique, plus seating areas with fireplaces and sofas upholstered

pink tweed. Currently showing its lace-and-leather Paris in Rome Métiers D'art Fall Winter 2016/2017 collection on some seriously badass mannequins, plus an array of sinewy quilted leather handbags (we love the calfskin and gold metal burgundy for fall), it's where we're getting all of our September wardrobe inspo.

At Holt Renfrew, 737 Dunsmuir St., 778-329-0338. Chanel.com

LISE BOULLARD



LOUBOUTIN

The footwear icon behind the famous red-soled shoe has made his big entrance in Canada. **Christian Louboutin's** first Canadian flagship store—a retro, woodland-inspired two-story boutique—opened in Toronto last month. Previously occupied by the Maison de la Presse Internationale book store, the renovated space on Yorkville Avenue retains its unique air. Upon entering, a plush red carpet sets the stage for numerous pedestals to show off sky-high stilettos, caged sandals and booties from the designer's main and new collections. The walls—decorated with silver birch and walnut wallpaper—are stacked with the luxe leather handbags and wallets. And gentlemen, take a walk upstairs to view the men's shoe collections, leather goods and accessories for yourselves. This is one time we're happily seeing red. *99 Yorkville Ave., Toronto. Us.christianlouboutin.com*

JULIA PARFENYUK



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crazy for COCO

THINK MOTHERHOOD HAS PUT A DAMPER ON COCO ROCHA'S CAREER? THINK AGAIN.

BY LISE BOULLARD

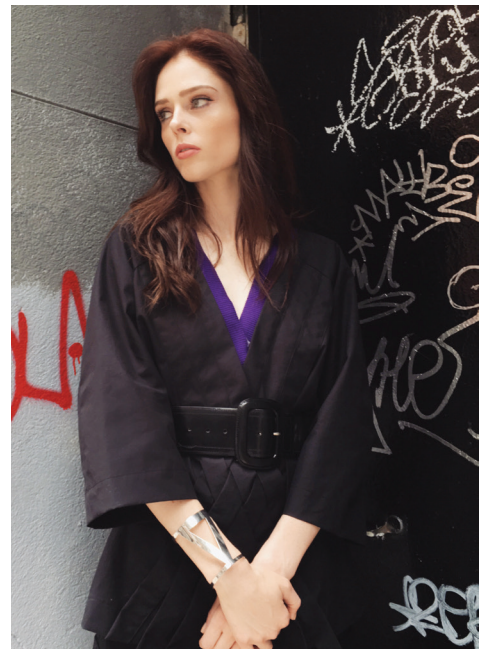
Coco Rocha may have graced the covers of practically every edition of *Vogue* and walked for Zac Posen, Jean Paul Gaultier and Christian Lacroix, but in our recent phone convo, the Richmond, B.C.-bred beauty was as sweet as they come (despite a 4 a.m. wake-up). We chatted with the superstar model about her new athleisure line, her beautiful baby girl and the secrets to her success.

You've spent most of your career donning clothing from some of the world's biggest designers; now you're on the other side of the sketchpad, with your new fashion line, CO+CO by Coco Rocha. What have you learned from working in the industry that you've applied to your business? It's been 14 years of working with such creative people, watching how they tailor dresses, why they choose what they choose, what inspires them, what gets them going creatively. There are a lot of people out there that look at me and think, "Well you didn't go to school" or "You didn't learn how to sketch," all of that. They wonder, "Am I fit to do this?" And I think "Yes," because of my background in this industry. When designing the line we thought of what was missing in our market and decided it was something for the girl who is obsessed with fashion but when she goes to her department store there is only boho in the price point that we sell (which is roughly \$80 to \$300 USD). So we thought, "We're gonna give her sports chic," which combines the elements of sportswear: from the shape and comfort to the digital prints which are created by my husband (James Conran). But this isn't athleisure in the sense that you could go work out in it.

You've experienced tremendous success as a Canadian model. Do you have any advice for Canadians aspiring to break into the international fashion industry? The biggest thing is to know your brand, to understand your voice, your opinion and what you stand for. Don't be just another clothing line, don't be just another model. For me and our clothing line, we saw something that was missing and we wanted to fill that void. Same goes for my modelling career; I thought, "What can I bring to the table that no other girl can? After that you need to be able to express what that is on social media. When I started modelling there was no [Twitter or Snapchat] ... I think that models today don't understand how amazing it is for them to have a voice.

"The BIGGEST thing is to know your brand, to understand your voice, your opinion and what you stand for."

You're representing Amopé (I love their electronic foot files, by the way). Do you have any tips for keeping your feet looking great, especially throughout the summer months? One tip is that you need to scrub daily (I personally love the Amopé Pedi Perfect Wet Dry Rechargeable Foot File). Another way to keep beautiful feet is to stay hydrated. Your mom probably told you to drink lots of water to have glowing skin but who knew that also works for



your feet? And then of course cream (even sunblock). We moisturize our face and body, but we don't always necessarily think of our feet. Some would say sensible shoes, and they are very correct, but sometimes that's hard. So if you're like me and you can't do that, then you gotta do all those other steps.

Is there a nail polish look you're loving these days?
I'm into a good black layered effect with a spotted silver or a spotted gold.

You became a mother for the first time in 2015. Can you tell us a little bit about how that's impacted your career?
It really didn't impact my career. Yes, I have a lot more schedules like waking up at a certain time and making sure that diapers are changed, that the baby is fed. But really, she's such a good little girl and I'm fortunate to have her as a baby because I can travel very easily with her. She's of course not in school so we can do this sort of thing, but I want her to have a great experience growing up in this industry and just have a really different point of view in life, in travelling, in eating, all of that. Your life is what you make it. If people start off by thinking it's hard to be a mom, then it will be hard to be a mom. From day one we realized that we're gonna love being parents and we're gonna love what we do and so far that's exactly what we've achieved.

Do you have any upcoming projects that you're excited to share with our readers?
I'm part owner with a modeling agency called Nomad Management. We're now representing some amazing girls around the world as well as scouting new models. Asking, "What is the model for 2016? How do you find them? Once you do, how do you create these new, amazing top models?" ... All of that's pretty fascinating and exciting for us.

For more, visit Cocorochoa.com

HEALTH & BEAUTY

Fall for You

PUSH THE BEAUTY ENVELOPE THIS AUTUMN WITH THESE THREE HOT-OFF-THE-RUNWAY LOOKS.
BY AILEEN LALOR



CHANEL, PARIS QUILTED EYESHADOW

To recreate this look created by makeup artist Tom Pecheux for Karl Lagerfeld, start by applying eyelid primer all over the lid (we like NARS Pro-Prime Smudge Proof Eyeshadow Base, \$33 at Sephora). Next, take a section of fishnet stockings and cut out a square. Place it over your eyelid to use as a stencil, then dust over a black loose pigment such as M.A.C Pigment in Black Black (\$26 at M.A.C counters and stores). Finish with a coat of mascara. With this look, it's best to do your eyes before your foundation because you're bound to get little flecks of pigment on your cheeks.



DIOR, PARIS GLOSSY GOTH LIPS

In our experience, you either get matte lips in dark colours, or glossy lips in light colours, but for fall, brands are changing things up with high-shine pouts in plum, wine, aubergine and deep violet. Our pick was Dior's nearly black pout, which was created with a combo of black eyeliner and the brand's Poison lipstick. That's not available in Canada yet, but Dior Addict Black Tie (\$43) and Ultra-Gloss in Diorsphere (\$36) duplicate the look nicely. *Both are available from Dior counters and Sephora.ca*



BURBERRY, LONDON SMOKE & SPARKLE

Lest we forget, Fall/Winter '16 beauty also includes Christmas. Burberry's twist on the smoky eye is party perfect. Rim the eyes in black liner, then smudge the liner on the upper lids and add a little gloss. Finish by dusting flecks of Burberry Shimmer Dust (\$28, at Nordstrom, Hudson's Bay and Sephora) at the outer corners of the eyes. Makeup artist Wendy Rowe, who created the look for Burberry, told *US Vogue* the glitter was meant to resemble tears of joy.

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Barbe-Nicole Ponsardin became **Veuve** (widow) **Clicquot** when her husband, François Clicquot, died in 1805. Aged 27, she was the first woman to take over a Champagne house—their small company based in Reims, France. She invented the riddling table, a device for ensuring that sediment settles so Champagne is clear, not cloudy, and was also responsible for the company's growth.

In 1972, the brand created the Businesswoman of the Year Award to reward women who display the same kind of qualities as **Mme. Clicquot**—an enterprising spirit, courage and determination. Past Canadian winners include cosmetics queen Lise Watier and restaurateur Cora Tsoufidou. Veuveclicquotaward.com

Champagne 101

GET TO KNOW YOUR BUBBLY BASICS.
BY LAURA STARR

C

Champagne is the classic example of sparkling wine, and comes exclusively from the Champagne region in France. Step outside of Champagne and sparkling wine is referred to as Cremant or Mousseux. Step outside of France and you'll find Cava from Spain, Prosecco and Asti from Italy, Espumante from Portugal, and Cap Classique from South Africa. This list is ever growing.

FRESH AND FRUITY
If you like your sparkling wine dry with a fruity zing, try these styles of wine:

- Most *Non-Vintage* (NV) Champagne
- Cava
- Cap Classique
- *Brut* and *Extra-Dry* Prosecco
- Riesling *Sekt*
- Most sparkling wine from America
- Most sparkling Rosé
- Look for these words: *Brut*, *Extra Brut*, *Brut Nature*, or *Extra-Dry*

SWEET AND CANDIED
If you like your sparkling wine sweet and zippy, look for these labels:

- Dry Prosecco
- *Demi-sec*, *Doux* and *Dolce* sparkling wines
- Asti Spumante or Moscato d'Asti

CREAMY AND NUTTY
If you like your sparkling wine rich, with autolytic notes (biscuit, bread, toast) or oxidative flavours (nutty and honeyed) look for these styles of sparkling wine. Wines with these characteristics have usually undergone a more complex production method, or have been aged, meaning they might cost more money. But they are worth every penny.

- Vintage Champagne Reserva and Gran Reserva Cava
- Most sparkling wine with 3+ years on the lees

QUICK TIP! Look at the alcohol content to better gauge if the wine is sweet. Lower alcohol indicates a sweeter wine, whereas higher alcohol indicates a dry wine.

Even with these guidelines, sparkling wine can take some unexpected turns in style and expectation, so remember to use your wine journal to keep track of your wines, and good luck exploring!



The Bubble Club

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thebubbleclub.ca

TRAVEL & LEISURE

From Paris With Love

WHERE TO GET A BITE OF PARIS IN VANCOUVER,
WITH NO PASSPORT REQUIRED.

BY AUREA DEMPSEY



TWO

AU COMPTOIR

A bustling bistro featuring quintessential French fare, friendly service and lively ambience, Au Comptoir is like a Parisian BFF—sans arrogance. Its Croque Monsieur of Gruyère and ham on country bread is a must, same for its house-ground burger with onion jam on a brioche bun. And with dinner highlights including fresh ling cod and grilled ribeye with beautiful vegetable medleys and thick-cut pommes frites, with each visit, there's more to love, and love again.

Mais oui! 2278 West 4th Ave.,
604-569-2278. Aucomptoir.ca



ONE

MAISON LADURÉE

Since opening its doors this past Spring, Ladurée continues to attract line-ups for its famous macarons, and their vibrant colours in over 15 flavours. Designed completely in homage to its Paris flagship, guests can sit and savour in the intimate tea salon, before shopping the brand's coveted selection of perfumed candles, chocolates and jams. For a hostess gift or a just-because, there's simply nothing more elegant—or welcomed—than a box of anything Ladurée. And look out for its exciting new window display in September on the theme of 'Pompon'!

1141 Robson St., 604-336-3030.
Laduree.com



FOUR

LES AMIS DU FROMAGE

A family-owned and operated business for over 30 years, Les Amis du Fromage is more than a specialty shop, it's a cheese-lover's institution thanks to its hundreds of local and imported cheeses, including France's best AOC varieties (of the 500+ cheeses from France, only 56 are worthy of such status). In addition to its vast selection, there's also cheese tastings (including Vive La France on Oct. 26), workshops, platters for ordering, charcuterie boards and more.

1752 West 2nd Ave., 604-732-4218 | 843
East Hastings St., 604-253-4218.
Buycheese.com

SPECIAL MENTION:

The bistro fare might not be especially Parisian but the courtyard certainly is. Those looking to escape the crush of the city would do well to grab a coffee from the Vancouver Art Gallery Café, and just take a seat on the sprawling concrete steps and people watch.

THREE

BATARD BAKERY

Life is too short to eat bread, said no French person ever. And no one makes it as fresh or authentic as Batard Bakery, including its Rye Miche and Levain Noir. Not to mention its exquisite hand-crafted quiches, cookies and tartes, and buttery, flakey croissant perfection. With a delicious assortment of offerings served daily, it's the kind of place you'll want to sit, savour, and sup.

3958 Fraser St., 604-506-3958.
Batardbakery.com



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BY AILEEN LALOR

HH

Here, we chat with the HGTV host, author of *New York Times* bestseller *Styled*, blogger (Stylebyemilyhenderson.com) and speaker at Vancouver's Interior Design Show (Sept. 22 to 25) about the latest trends to help prep your pad for fall.

What's your design philosophy?

Perfection is boring; let's get weird! Designing a room is all about finding the juxtaposition of expected and unexpected and working with your client to find out what works to bring that out in their space.

What inspires you?

The personalities of my clients and how they want the room to look, feel and function. I combine that with the style of the house so that it looks natural and cohesive. Then I troll the Internet, travel and go through the flea market for inspiration to make each room personal to them.

What was your journey into design?

I was born into a Mormon family in Oregon who made their own clothes, canned their own veggies and fruits, and lived modestly, so I learned from a young age the beauty of thrift and how much can be done with so little. I wasn't exposed to much in the fashion or design world until I moved to New York in my mid-20s and started working as a shop girl at the **Jonathan Adler** store, which was not as big as it is now. I had always loved and appreciated style and design but wasn't really sure what I could do or how to be a part of it. Then I met a prop stylist and felt like I found my calling. I mean, who doesn't want to shop and play with beautiful things all day whilst getting paid for it?

What are the strongest trends for interior design this Fall?

I've been excited about some of the colour trends we're seeing. The '90s have been very big in fashion over the last couple of years (cough cough—Dr. Martens, socks with your Birkenstocks ...) and that influences design. It has been very fun to see some of my favourite '90s colours interpreted in new ways in 2016. I am just waiting for the perfect clients to let me use those muted greens, rosy reds, dusty blues and beiges in their home. And yes, I did say beige. It's coming back, people, and with full beige-y vengeance.

What's the easiest way to update spaces like kitchens and bathrooms?

Sometimes just a fresh coat of paint and some new accessories can completely transform a room. Stay conscious of your lighting as well. You can easily swap out any fixture in your rental for a new one. There are great new faux tile backsplashes, awesome hardware/handles and if you can convince your landlord to let you paint the cabinets, then you are so much closer to feeling at home.

Are there any trends that you think should be avoided?

I think the faux-old has been very overused. Don't get me wrong, I love some good strong industrial pieces in décor, however, a real industrial piece will always be in style rather than an affordable knock-off. If your style is industrial, head to the flea market or architectural salvage store to score some real goods and real deals.



“PERFECTION is BORING; let's get weird!”

What are your five favourite things right now (in tech, food, fashion, lit and beauty)?

For food, French fries and a good cobb salad. In fashion, I love chambray and striped shirts and nude mules. I'm reading *Hillbilly Elegy* by J.D. Vance right now and I'm riveted. It explains who loves Trump and why, from an insider's point of view, and is endlessly fascinating. In terms of tech, my iPhone will always be with me at any time and I use it every day for multiple purposes. For beauty, I use Armani foundation, a Laura Mercier eyebrow product, NARS blusher and Clinique Chubby Stick lipstick—I've been wearing the same for six years.

The Interior Design Show takes place from Sept. 22 to 25 at Vancouver Convention Centre West. Emily will be speaking on Saturday Sept. 24 at 1pm on the Caesarstone Stage. Tickets for the consumer days (Saturday and Sunday) are available at Idswest.com/event-info/dates-tickets/ for \$14 for a single-day ticket and \$18 for both days.

For more fall décor inspo, check out Emily's blog at STYLEBYEMILYHENDERSON.COM

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