



STATES *of* STYLE
Fashion Drifts
South *of the* Border

BACK *to* COOL
Our Favourite
Between-Season Finds

SCARF *to* SCENT
An Iconic Hermès Accessory
Gets Bottled

HOT SHOPS
Skin Care, Spin Class
and Saks

ICE WINE
The Best Reds Served Cold



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GLOBAL WATCH COMPANY

EDITOR'S DESK

Hot Shops

MEET VANCOUVER'S NEWEST RETAILERS
BY NOA NICHOL



editor's letter

What to do when you find yourself publishing a magazine that's set to hit stands squarely between seasons (the official change, after all, doesn't happen til September 22)? In this editor's case, you put the earth's journey around the sun temporarily out of mind and, instead, give your readers a glimpse at some of the best clothing, beauty and décor items to cross your desk as of late (pages 4 and 5), have your fashion writer detail (and tip you on how to wear) the latest trend toward Americana (page 6), publish an up-close-and-personal interview with the creator of **Hermès'** newest fragrance (page 8), provide some serious Moroccan travel inspo (page 10), assign your wine columnist to source the best reds served chilled (page 11) and, online, post an exclusive guide to fabulous Fort Langley (visit vita.ca). Then, you sit back to savour the last of summer and save the true autumnal content for next month. Enjoy!

Noa Nichol

EDITOR-IN-CHIEF

P.S. With so many exciting new retail openings and renos to report on, our Hot Shops coverage starts right here →



PHOTO: BRITNEY GILL

SOULCYCLE

When a die-hard (as in, doesn't do anything else) yogi walks into her first spin class, there are nerves. Luckily, the staff at **SoulCycle**, Yaletown's newest, coolest cycling studio, made me feel instantly relaxed (and, graciously, changed my reso'd bike from the front row to the back). The space, cheer-full of the brand's signature yellow and grey, is clean and bright and, on the mid-Friday I visited, teeming with lunch-hour exercisers there for a 45-minute charge-up to their afternoons. The workout itself, which took place in a dark-ish room full of specialized bikes, was exhilarating and joyful (much thanks to instructor Bridge—part teacher, part DJ, part motivational coach—who made the more-difficult moments fun, for real). There's also a neat selection of items for sale up front, including a sunny yellow sweatbag of "soul essentials" (\$50) and a grapefruit-scented candle collab with Jonathan Adler (so good, I scooped up two for \$50 each). **1128 Mainland St., 778-901-0100. Soul-cycle.com**

LUSH

One of our fave ethically minded beauty makers-slash-retailers is now in a gorgeous (and at-least-double-the-size) reno'd space on Robson. The revamped **Lush** store is all reclaimed wood and salvaged furniture (a vintage barber's chair is re-upholstered in—what else?—vegan leather), with stations designed to let you try, test and talk about the brand's fully vegetarian offerings. Toss a bath bomb into a porcelain sink and watch it make unicorn-mane swirls in the water (watch, too, for brand-new jelly bombs, with mineral-rich seaweed

that leaves skin silky smooth) or pull up to the salad-esque "fresh bar" for a custom consult to reveal just the right mask for your face. There's a "damn-fine" fragrance wall, a deli-like soap counter (take a slice to go) and a "pout worth shouting about" display where you can sample honey, bubble-gum and rose-lemonade lip balms. Oh, and one more piece of buzzy news: Lush's Scrubee body butter bar is back, after a hard-fought #SaveScrubee campaign by fans (it's really that good). **1020 Robson St., 604-687-5874. Lush.ca**



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VITA

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back to COOL

WE'RE SEEKING END-OF-SUMMER SOLACE IN THESE FABULOUS EARLY FALL FINDS



BOOT CAMP
These two-tone beauties from Chanel—in a range of deeply autumnal colour duos and an all-black edition—step out in suede and satin and stop prudently at mid-calf (\$1,750). Search for Coco's signature on the skin. *Chanel's Vancouver boutique, 737 Dunsmuir St., 604-681-3121. Chanel.ca*



CAPE TOWN
New from Vancouver's own Herschel: raingear that could well make a grey fall day brighter. This Forecast Poncho (from \$120), in bright solids and cheerful prints, is lightweight, waterproof and artfully draped. *Herschel.ca*



WOOD WORK
Though Vancouver's Tense Watches are not manufactured in the forests of Stanley or Pacific Spirit parks, the company's workshop is situated in the city and its gorgeous wares—like the chunky bracelet-esque Delta (\$258)—are crafted from 100 per cent recycled or reclaimed wood, by hand (naturally). *Tensewatch.ca*

BEAR NECESSITIES
This late-August-launched limited-edition collab is one not to miss. Sephora has paired with Moschino to create seven makeup essentials and travel-ready accessories featuring exclusive colours and iconic touches inspired by the mood and feeling of the Italian luxury brand—i.e., teddy bears! *1045 Robson St., 604-681-9704. Sephora.com*



FIT KITTEN
We trust this pink-and-gold scalloped feline to get us in good seasonal shape. By Kate Spade and available at Best Buy (\$128), it's one Bluetooth-equipped, step-counting, sleep-monitoring, alert-giving fitness tracker worth meowing about. *2220 Cambie St., 604-638-4966. Bestbuy.ca*



BUFF BRUSH
Slough off dry summer skin with Saje's sisal dry brush (\$16), which helps remove dull surface skin cells, encourage blood flow and promote the removal of toxins (it's even said to unclog pores and fight cellulite!). *1091 Robson St., 604-558-1900. Saje.com*



RAVEN BEAUTY
T.O. design duo Smythe and same-city soapmaker Binu Binu have linked with Haida artist Bernard Kerrigan on a five-piece Raven soap set with gorgeous ingredients like black charcoal and hibiscus (\$115 at Holt Renfrew). *737 Dunsmuir St., 604-681-3121. Holtrenfrew.com*



WING IT
Beetles, moths, ladybugs and butterflies—Gucci's leather top-handle bag (\$4,180) boasts a buggy motif, with printed insects organized and numbered as if on scientific display (just in time for biology class!). *900 W. Georgia St., 604-488-0320. Gucci.com*



CARDI PARTY
Rather than automatically assigning all cardigans to Mr. Rogers, attribute them to Prada. The house's yellow angora embroidered front-button sweater (\$3,130) is, we think, darling, and comes with all the trimmings (sparkling glass embellishments made by hand). *1098 Alberni St., 604-558-6900. Prada.com*



THE BUZZ
One part bumblebee, one part honeycomb, these French Sole flats (\$375), inspired by a 19th-century gentleman's slipper, are a sweet-as-all fit for fall. *Unit 1052, Park Royal S., West Vancouver, 604-913-0312. Frenchsole.com*

FASHION & SHOPPING



THINK PINK

With every month good for breast cancer awareness, Canadian fashion label Smythe's iconic Duchess Blazer—worn multiple times over by Kate M.—gets a pink makeover (\$595) with proceeds supporting Rethink Breast Cancer. Shopsmythe.com



BRIGHT EYES

These Miramar shades (\$225), by new Vancouver-based eyewear-maker Kingsley, were inspired by the beauty of Barcelona and will surely help us stretch summer out as long as we can (best: each pair sold equals an eye exam and glasses for someone in need). Kingsleyeyewear.com



CUPPA CALLIGRAPHY

Amanda Arneill is a super-talented calligraphy artist based in our very own Fraser Valley (nearly 150K Instagram followers can't be wrong!). Order a hand-lettered "wine mug" (\$20) from which to sip our September picks (page 11), or sign up for a class and learn to DIY. Amandaarneill.com



FLOWER POWER

Rich, white and floral, gorgeous Gucci Bloom (\$154 at Hudson's Bay) manages to transport our thoughts from falling leaves to a vast garden—or, what creative director Alessandro Michele more-poetically calls "a bouquet of abundance." In it: tuberose, jasmine and honeysuckle-like Rangoon creeper. And the lacquered powder-pink bottle? A keeper. *674 Granville St., 604-681-6211. Thebay.com*



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Making America Great Again

THIS SEASON DESIGNERS HEADED STATESIDE FOR INFLUENCE, INSPIRED BY THE PRAIRIES, PIONEER TIMES AND THE WILD, WILD WEST
BY AILEEN LALOR

S

So we're clear, it's not like American influence is ever really off the runways: it's so broad, encompassing everything from track pants to rugged jean jackets, that we might legitimately say we all do Americana, all the time.

Yet this fall/winter, one trend has proved particularly pervasive: cowgirls and golden fields of waving wheat, with designers as varied as Stuart Vevers of **Coach 1941** and Henry Holland of **House of Holland** giving classic American their own unique spins.

As such, the question must be asked: Are they trying to make a political point? Fashion stylist and writer Steven Schelling says yes—but not the one you may be thinking of.

"What's coming into stores now was conceived, designed and manufactured during the run-up to the U.S. election," he said.

"I think many designers were enthused by the idea of America's first female commander-in-chief. These cowgirl-slash-Prairie looks, mined from the most 'romantic' period in America's self-styled historical identity, would have had a completely different effect on the runways if Hillary was in office instead of the current occupant."

The romantic element Schelling speaks of is strongly evidenced by Coach 1941's collection of sweet frocks and dirndl skirts, paired with shaggy shearling jackets and touches of plaid. Everything looks a little homemade and, in case you didn't get the message, horse print was a recurring theme.

To keep the look modern, not too literal but still rooted in the good old U.S. of A., Ververs, the fashion brand's creative director, added oversized shearling baseball caps and thick-soled leather sneakers to the mix.

Meanwhile, Raf Simons went the route of western-style two-pocket shirts and cowboy boots for his debut collection at the helm of **Calvin Klein**. He also roamed



NINA RICCI



HOUSE OF HOLLAND



“These COWGIRL-SLASH-PRAIRIE looks ... would have had a *completely different* effect on the runways if Hillary was in office”



CALVIN KLEIN



COACH 1941

the rest of the American cultural landscape with pieces inspired by everything from bandleaders to Wall Street.

"He's riffing on classic Americana and giving it a futuristic feel, celebrating a vision of the States that is inviting and diverse," said Suzanne Timmins, senior vice-president and fashion director for **Hudson's Bay**.

Alexander Wang, by contrast, is a bit more subtle, giving us hints of fringing, rhinestones and studs in his fall/winter offerings. And what of non-American designers? Guillaume Henry did cowgirl wear but in pretty, muted hues at **Nina Ricci** while House of Holland went to the other extreme—brash and over-the-top in bold, bright colours (read: borderline trashy).

Timmins reckons two-pocket shirts and jean jackets will be everywhere on FW High Streets this season. "As well," she said, "there will be accessories such as western boots, cowboy-influenced hats, suede footwear and handbags, turquoise jewelry and rodeo belts."

Of course, avoiding tacksville has to be high on the priority list for anyone who wants to incorporate the look into their wardrobe. How to do that?

"Less is more," Schelling emphasized. "Wearing western-style boots? Stop there! Wearing a cowboy-inspired blouse? Stop there! Wearing a Stars-and-Stripes tee? Stop there!"

And for a really up-to-the-minute look, Timmins suggests mixing your cowgirl elements with basics.

"I loved how Millie Bobby Brown paired her white cowboy boots with a minimalistic mini-dress at the MTV Awards," she said. "It's that contrast that will really update the trend and make it right for 2017." ♡

Hot Shops

CONTINUED FROM PAGE 3



HOLT RENFREW BEAUTY HALL
That Holt's is a Mecca for makeup is no secret but, if you haven't yet seen its brand-new Beauty Hall—make haste! Relocated to the lower level, the hall spans 16,000 square feet, meaning there's plenty of room for all our favourite luxury cosmetic brands, 29 in all. Among our top picks (and, trust us, this was a tough list to cull): **Christian Louboutin** is new, and exclusive, to Vancouver, and hocks its to-die-for lip colours in vials that double as necklaces (so leave your purse at home, ladies); **Charlotte Tilbury**, where we snagged a tube of miracle-working Healthy Glow all-year summer tint moisturizer, has doubled in size; **La Mer** is more animated than ever,



with an actual freshwater fish tank to touch on the brand's tie to the sea (slip into the treatment room for a \$1,000 Miracle Broth facial); **Valmont**, whose Prime Renewing Pack (a.k.a. the Happy Mask) is sold once every eight seconds in Asia; and **Jo Malone**, where you're invited to experience a comp 15-minute hand and arm massage finished with your favourite scented lotion. Finally, if you visit before September 17, be sure to swing past the **Serge Lutens** pop-up for an exclusive preview of the brand's Collection Noire fragrances and to discover its legendary lip-colour range, with a curated collection of shades available for the first time in Canada. **737 Dunsmuir St., 604-681-3121. Holtrenfrew.com**



MINISO
If **Miniso**, brand-new to the downtown core, bears any resemblance to a dollar store, it's in prices alone (most of what we saw was under \$5). The Japanese-designed lifestyle brand's second Vancouver bricks-and-mortar shop hocks a "cheap and cheerful" selection of wares for wear (summer-friendly sunnies, sandals and scarves), travel (backpacks, toiletry bags and neck pillows that make long-haul flights more bearable), home (cutlery, lollipop moulds and an elephant toothbrush holder), office (rainbow-spanning felts, notebooks and, among the priciest offerings, accessories for electronics) and even beauty (one adorably packaged fragrance for every astrological sign; ours (Pisces) smelled both sweet and spicy and only cost a few bucks). **550 Granville St., 604-227-7864. Miniso.com**

SAKS OFF 5TH

As if Park Royal wasn't retail-rich enough, the centre's added an N.Y.C.-famous **Saks Off 5th** to its mix. Located in the north mall, the 33,000-square-foot store boasts motivational pink-neon signage ("make your statement"; "sparkle like you mean it") and is bursting with an assortment of emerging designer labels and well-known luxe brands (spotted/snagged during our visit: pieces by **7 For All Mankind**, **Calvin Klein** and **Karl Lagerfeld**). New arrivals show up at least once a week, and the fine jewelry selection is truly fine. If you're the sporty type, athleisure here is plentiful; purchase a pair of stretchy pants and head straight up those North Shore mountains. **755 Park Royal N., West Vancouver, 604-922-1641. Shopparkroyal.com**



LULULEMON

When the very first **Lululemon** store gets a facelift, it's news. The grand re-opening of the made-in-Vancouver brand's West Fourth flagship revealed a more-than-double spread of space into the former muffler (that's cars, not clothes) shop next door (not to worry retrophiliacs—the auto repairer's vintage sign, first erected in 1971, has remained, revamped to include Lulu's signature stylized "A"). Inside the new digs: tonnes of natural light, polished-concrete floors and a positively regal change area, all meant to enhance (at least when it comes to women's styles) that finding-the-perfect-pair-of-stretchy-pants experience (once you've hit the leggings mark, look for our favourite "Kitsilano" racerback tank (\$48) and—new!—APL sneakers in cool tones (about \$150 per pair). Menswear is now a separate endeavour, housed back in the original store-next-door (though, until a wall is removed, you'll have to exit one completely and take a few steps westward to enter the other). It, too, has received a makeover that includes a kombucha bar and interior graffiti art by Kris Kupskay, who painted the rainbow-hued mural that adorned the store's exterior for so many years. **2101 W. 4th Ave., 604-732-6111. Shop.lululemon.com**



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From Scarf to Scent

TWILLY BY HERMÈS FINDS NEW LIFE AS A YOUTHFUL (YUMMY) FRAGRANCE
BY SARAH BANCROFT

You may know Twilly as the perfect accessory—the traditional square silk scarf first introduced by **Hermès** in the 1930s and since produced in hundreds of pattern and colour combos (beyond their round-the-neck use, these have also graced our handbags and hair). Now that this versatile fashion staple has been bestowed with its very own fragrance, we sat down to speak with Hermès perfumer Christine Nagel at her atelier near Paris about the process of transforming scarf to scent.

You've said that launching a new perfume is still very difficult for you. Why?

Talking about my perfume is very delicate for me because it is so emotional, and really I imagined with time it would be easier but, no, because each story is special and with each story I reinvent myself. I put my heart into my creations. And it's a very important moment because my work is finished now, and now I know my perfume will live only if women put it on their skin. It's the moment where I let my child go to live its life.

You had total liberty from the house to create this perfume. How did you start?

Inside Hermès I find lots of things that are amusing, joyful and young. And I make a connection with young women when I see them on the street taking an Hermès scarf and making it into a belt, a bustier—not just wearing it on their neck or on their purse. Do you know the word *baluchon* [beggar's purse]? I once saw a girl tie knots in all four corners of the scarf and she made a sack on the end of a bamboo stick. And I said, "It's chic! It's good!"

What about the formula?

In the past I have worked with a lot of sugar in my perfumes because the brands have asked for that, but this time I am free. I don't have to use caramel. I think young women like other things, not just strawberry and vanilla. I used the spirit of these young women who change the rules.



Tell us about your use of tuberose in this fragrance.

The woman who is the most unforgettable is not the most beautiful. It's her faults that make her human. Tuberose is a flower that is not beautiful but has a smell that is unforgettable—and smells even better from afar. And you know the most beautiful woman in the world when you see her from 10 centimetres away ... it's the same. It's fascinating because it's very feminine. In history tuberose brings an extreme sensuality. In Italy in the religious gardens it's forbidden to plant tuberose, because when the nuns smell it they might have bad ideas. Madame de Pompadour [the mistress of King Louis XV] put little bouquets of tuberose everywhere in her room so that when the king came, he would stay with her. It's a very erotic potion but, when we see tuberose, we don't have that impression. It is very mystical. When you smell tuberose it is green and strong, and I wanted to make it supple, round and generous. I said, "It's like the roundness of young women." It's why young women are sexy, troubling—because they have those two sides. They are still a little bit like children but they are also more womanly than us. I find that is what makes them attractive, that ambiguity.

The last ingredient is sandalwood, is that not masculine?

For me sandalwood is Hermès, it's so chic, elegant. It's delicate. It's a soft, milky note. When you smell it it is a little bit animalistic and I wanted to make that note evident.

And the name Twilly?

It's the name for the smallest scarf from Hermès. It's perfect for a young woman. It sounds good, colourful. The bottle was designed by Florence Manlik, who is a scarf designer [at Hermès]. It looks like a lantern, only chopped off at the bottom, like a young woman might cut off her mother's skirt. The stopper is oversized, like a hat. When I saw it, it made me smile, it's so cute. And it went from there. And the tie takes two minutes to tie onto the bottle—it's the little details.

If you could describe the perfume in three words what would they be?

Colourful, joyful, chic. It's irreverent, it's subversive. It was a risk to make a perfume for young women that isn't sweet. For me it was a privilege, and I did it. ♡

BEAUTY & BITES

New Noshes

A PEEK AT SOME OF THE CITY'S
LATEST, GREATEST EATS



PHOTO: JASMINE GANASI

STARBUCKS BOWLS

As if our daily almond-milk capp fix wasn't enough, Starbucks is now taking care of our healthy appetite, too. We're talking brand-new protein bowls, all under 500 calories and loaded with quality (read: guilt-free) ingredients. The vegan Baby Greens & Brown Rice bowl, first, features edamame, red cabbage, beets, red peppers, apple and sunflower seeds—in other words, a salad hearty enough (with 15 grams of lean protein and four servings of veggies) to convert at least a couple carnivores. And, for the meat-eaters among us, the Chicken & Quinoa bowl, boasting black beans, roasted corn, jicama and a side chile vinaigrette, is fresh as can be (and great for those of us who are always-on-the-go and don't want another questionable energy bar). We ate. We loved. We were satisfied for hours. We're sold. Starbucks.ca AUREA DEMPSEY

FISHBAR

If you didn't know that, besides describing a slippery sea creature, the word FISH was an acronym for **Fresh Ideas Start Here**, well, now you know. For those of us who were aware of this fact (and have been frequenting FISH locations in Burnaby and Kits for years) good news—the seafood market recently introduced its brand-new FISHbar meal-counter concept to both locations. Now, you can pick up made-before-your-eyes ready-to-eat lunch and dinner bowls, with all the fixings, to go, in three sizes: snack, regular or large. Being gluttons for fresh sashimi-grade seafood, we opted for the biggest portion and watched as bowl-maker-extraordinaire Lucas heaped a generous base of brown rice (salad greens and sushi rice—or a mix—are also available) with fresh-as-it-gets sustainable B.C. wild sockeye salmon, octopus, house-smoked coho, seaweed salad, pickled ginger, mango, seasonal pineapple salsa, an honest-to-goodness half-avocado and other goodies, and finished it with spicy mayo and savoury sauce. While our bowl was a personal creation, you can choose from several thoughtful menu options (including a fish-free veggie offering) and, if you wish, top off your order with premium additions like shoyu ikura, herring roe on kelp and, now that it's fall, smoked uni. Call us hooked. 2959 W. Broadway, 604-733-0305. Eatfish.ca NOA NICHOL



KOKOMO

Opened by former Lululemon-er Katie Ruddell, this cheery vegan café is fronted by a rolling garage door and outfitted in navy blues, bright oranges and lush greens (the latter courtesy of actual living foliage—potted palm, banana, fig and cocoa plants). Sit at the communal butternut squash-shaped table and eagerly await your order of “sun-inspired” food. Choose an anchovie-free hemp Caesar bowl (the dressing tastes just like the real deal) or coastal macro bowl (with made-locally small-batch tempeh). Leave room for dessert: a trip to Oz triggered a partnership between Ruddell and Cocowhip and, now, hers is the only Canadian resto to serve the coconut-water-based soft-serve-like treat (with added probiotics and superfoods, to boot). 611 Gore Ave., 604-428-6599. Heykokomo.ca NOA NICHOL



PHOTOS: GILLIAN STEVENS

LA GLACE

French name, French vibe and, trust, us, there's nothing pedestrian about this ice cream shop. Stradling Kitsilano and Arbutus Ridge, La Glace, by local cake boss Mark Tagulao, occupies a space, done in creamy whites, cool turquoises, pale pinks and rose golds, as divine as its ice-smooth wares. The crème glacée here is handmade in true French fashion, with “plus de” egg yolk for a richer, denser product that packs far more flavour per scoop (bonus: rather than discarding them, staff use the leftover egg whites to whip up scratch-made marshmallows). Try a classic Ganache (dark Valrhona chocolate), Citron (lemon cream and white chocolate crunch) or Crème Caramel (luscious caramel cream and Himalayan pink salt), or go whimsical with Bananes Foster (banana rum cream, toffee swirl and cinnamon), Pretzel Crèmeux (sweet and salty pretzel cream) or Matcha Noir (green tea cream with black sesame swirl). Whatever your (guilty) pleasure, get it in a homemade waffle cone re-imagined from an old Tagulao family cookie recipe. Parfait. 2785 W. 16th Ave., 604-428-0793. Laglace.ca NOA NICHOL

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Castles Made of Sand

THE BOHO-CHIC MOROCCAN CITY OF ESSAOUIRA BECKONS WITH SUN, SAND, SEAFOOD AND SOUK-ING
BY SARAH BANCROFT



Essaouira is the windy city on the Atlantic coast of Morocco that's known for a laid-back vibe that attracted Jimi Hendrix, Bob Marley and Cat Stevens to it in the late 1960s and early '70s (think Talitha Getty in a flowing caftan). Today it's a draw for Europe's jet set—particularly during summer's Gnaoua World Music Festival, when the town transforms into Woodstock redux. Though we missed the big event this year, our visit to Essaouira's white-walled medina yielded other pleasures—namely, no cars, camel rides, cooking classes and a power shop-worthy souk.

STAY

Skip the hotel and book the **Atlantic Morocco**: a private four-bedroom traditional house with an interior lightwell and roof deck right inside the historic medina. The space is gorgeously done with local textiles and art, Modernist furniture, daybeds for lounging and panoramic views of town and sea. Your house manager can arrange excursions and drivers, and daily maid service is (holiday happily) included. Atlanticmorocco.com

SEA & SAND

When in Morocco, a morning at the beach is a must-do. Head down to Essaouira's sandy waterfront where dromedary rides can be booked caravan style (tip: wear a *djellaba* and head scarf to fit in with the British tourists). Start and finish at **Ocean Vagabond**—a Bohemian beach club that serves a cold local rosé with wood-fired pizzas in an atmosphere reminiscent of **Le Club 55** in France's St. Tropez. Oceanvagabond.com



SPA

Book a traditional hammam at **Spa Cocooning** where, in a candlelit wet room, you'll be doused in warm water, rubbed down with locally produced argan oil and loofah-ed from head to toe with black soap made from argan husks. A strong orange blossom-scented massage will—quite literally, and in the best possible way—finish you off. Spacecocooning.com



SOUK

Things to look out for in the teeming traditional markets of Essaouira include Moroccan leather poufs, beautiful hand-loomed cotton blankets with striped edges and pompoms, Berber cashmere floor mats and carpets with embroidery made in the Atlas mountains, Turkish-style bath towels called *foutas* and men's leather slippers. Going earlier in the morning can result in discounted prices “for the first customer of the day” and bartering is expected. Bring an extra suitcase.

SHOP

A brand-new atelier has been added to the popular fashion concept store **Histoire de Filles** comprising a spice market, home décor shop and modern cooking school. Run by a French husband and wife, you'll find high-quality textiles and traditional glassware and tea services to take home as well kid-sized traditional Arabian hooded cloaks. [Facebook.com/histoiredelilles](https://www.facebook.com/histoiredelilles)

SOAK

Les Jardins du Villa Maroc, a 20-minute drive from the medina, is owned by the well-known **Villa Maroc** boutique hotel. For a small fee (\$35) hotel staff will transfer you to the inn's argan forest-nestled gardens and pool and feed you a delicious barbecue lunch on a pleasant patio among free-roaming tortoises and peacocks. Oh, and be certain to pick up a bottle of the Maroc's award-winning olive oil in the gift shop before you leave. Lesjardinsdevillamaroc.com



TRIPS & SIPS

Chilled-Out Reds

WITH FORECASTERS CALLING FOR A SIZZLING SEPTEMBER, WE'RE REFRESHING OURSELVES WITH BOTTLES OF RED THAT ARE BEST SERVED COLD
BY LAURA STARR



CHILL FACTOR

When it comes to the wines we've recommended, you'll want to serve these at around 12 to 15 C (for context, your fridge is likely sitting between 8 and 10 C). So, simply take that bottle that's been kicking around your kitchen all day and toss it in the fridge for half an hour before opening. Or, for a faster chill, place it in a bucket of 50-50 ice and water for 10 minutes.



LOCAL LOVE

Sea Star Vineyards' new-for-2017 Marechal Foch, made just off-shore from the 604 on Pender Island, B.C., fits the "best-served-frosty" red bill to a tipsy T. Purchase it winery direct or enjoy it a little more locally at AnnaLena, where it's served chilled and—best—paired with a pressed watermelon salad that blew our mind. 1809 W. 1st Ave., 778-379-4052. Annalena.ca

September brags of all things autumn, baiting our anticipation with promises of cool breezes and cashmere cuddles. But, with predictions pointing to a summer that simply won't let go, we're happy to settle in for several more weeks of dappled sunshine, outdoor-deck dining and patio playtime—and willing to adjust our seasonal wine routine to suit. If you're feeling, as are we, a bit beached-out on whites, why not embrace these warm fall nights with a nice bottle of chilled red? Here's how.

The rule of thumb for reds that express best chilled is light body and low tannins. Among our top recommendations is Beaujolais—a light, floral and fruity wine with subtle spicy notes and soft tannins

from the Gamay Noir grape. Another chilled rouge archetype is Valpolicella Classico, which is a fragrant and food-friendly red made from a beautiful blend of grapes, including Corvina, Rondinella and Molinara. Want to be audacious? Look for the Austrian varietal Zweigelt (fuller in style, with dark berries and soft tannins) or the trending French Pineau d'Aunis (Pinot Noir-esque, with spicy notes and cherry fruit).

Don't discount the bubbles, either. Lambrusco—a once low-quality and now slightly cultish sparkling red—is ready-to-go straight from the fridge and features a tart, refreshing finish. The final word: get test-y with temperature to find what works (and tastes) best for you. ♡



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