



*inside the*  
**SEPTEMBER**  
*ISSUE*

**CLOTHING COLLABS**  
How Teamwork  
Makes Fashion  
Even More Fabulous

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Leap from Summer  
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**MATTE MATTERS**  
Makeup *with* Texture

**VAN BAG**  
Max Mara's Limited-  
Edition Tribute to  
Vancouver





LE VOLUME RÉVOLUTION  
DE CHANEL

The new CHANEL creation revolutionizes the world of mascara with the very first patented\* 3D-printed brush. Extreme volume. Instant result. Your eyes have an arresting power.

CHANEL

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\*One patent issued (France, United States, Japan, Korea, China). ©CHANEL, Inc./CHANEL (S) de P.L.L.



# EDITOR'S DESK

## editor's letter



Full disclosure: there's a little part of me that, every time September rolls around, mourns the passing of summer. Despite (or, perhaps, due to) my dead-of-winter birthday, I'm a warm-weather lover through and through, and the end of my favourite season is an annual source of sadness. That's why it's extra crucial for me to find ways to celebrate the change—something we've tried, in this issue of *VITA*, to do in spades (or is it rakes)?

First up, fashion, with releases that trumpet the art of collaboration (page 6) and lovely lingerie to wear beneath your autumn duds (page 10). Next, beauty, with tips to help you DIY the season's must-be-matte look (page 9). Finally, new décor that pulls inspiration from the runway, plus a post-summer beach getaway. Maybe the switch to fall's not so bad after all!

*Noa Nichol*

EDITOR-IN-CHIEF

*P.S. Want to win one of my favourite charcoal beauty products, right? Snap a pic of this issue of *VITA* and post it to Instagram, tagging @vitadaily.ca. We'll announce the winner at the end of the month!*

### BODY BEAUTIFUL

The Body Shop's Spa of the World collection includes a Himalayan charcoal body clay (\$24), which harnesses the power of an ancient Asian beauty secret—bamboo charcoal powder from India—that draws out impurities from the skin up to thousands of times its own mass. Also used to calm and ease the mind, use this baby when you're in need of a fast track to tranquility. 650 W. 41st Ave., 604-261-3381. [Thebodyshop.com](http://Thebodyshop.com)



### ALL SMILES

Pitch-black powder to whiten teeth? Yes! Coconut-shell-activated charcoal (with a hint of bentonite powder and lemon myrtle) is the hero in Carbon Coco's activated charcoal tooth polish (\$40), which can actually change the pH in your mouth to reduce unsavoury things that cause cavities, gum disease and bad breath. [Ca.carboncoco.com](http://Ca.carboncoco.com)



### MASK OUT

How does Clinique's mattifying pore-refining solutions mask (\$34) work? Charcoal powder draws out deep-seated debris to purify while mineral clays soak up excess oil. How does it leave skin feeling? Fresh and smooth. 6551 No. 3 Rd., Richmond, 604-279-3449. [Clinique.ca](http://Clinique.ca)

### RAISE THE BAR

Erno Laszlo's made-famous by 1970s rom-com *Annie Hall* deep-cleansing bar (\$50 at Holt Renfrew) boasts the therapeutic benefits of Dead Sea mud and charcoal powder to deeply detoxify, exfoliate and hydrate. Its signature black colour lathers to a white foam to protect and restore your skin's mineral levels. 737 Dunsmuir St., 604-681-3121. [Holtrenfrew.com](http://Holtrenfrew.com)



WIN THIS!  
See editor's letter



### CARRY ON

Even your next vacation can include the benefits of charcoal. Canadian company Midnight Paloma's bath and body trio (\$30 at various local stockists) contains cute carry-on-friendly jars of its charcoal body lotion, body wash and fizzy bath soak. [Midnightpaloma.com](http://Midnightpaloma.com)

# VITA

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# Mind the Gap

START THE SEASONAL SWITCH STYLISHLY



Aleesha Harris

@ALEESHA\_H



**INFLUENCER PICK**

"I'm always on the hunt for the perfect coat. This plaid piece from Montreal-based **Sosken** (\$695) is both classic and on trend—thanks to its cool pattern and frayed finish—meaning I'll be able to wear it on repeat for years to come." [Soskenstudios.com](#)

READ MORE!  
[Vitadaily.ca/lifestyle](#)



**SWEATER WEATHER**

This sunny moss-stitch knit jumper (\$115) is part of the transitional collection from **COS**, meant to bridge the gap between the last weeks of summer and what the new season will bring (in the brightest way possible). [18 Water St., 604-235-6941. Cosstores.com](#)



**NON SLIPPER**

Slide into these Audrey metallic flats (\$75) from **Native**, guaranteed to put a seasonal shimmer in your step. [14 Water St., 604-800-8630. Nativeshoes.com](#)

**STEP LIGHTLY**

Rather than tread (boot) heavy into autumn, we'll be donning these pretty Knotted 100 sandals (\$635) by **Stuart Weitzman**—and keeping a pink piece of summer alive. [799 Robson St., 604-699-2100 & 650 W. 41st Ave., 604-263-0551. Stuartweitzman.ca](#)



**HOT TIPS**

**Dior's** certainly got its finger on the pulse this in-between season, with a range of chip-resistant nail colours (\$28 each) that includes leafy shades of orange, gold and mauve. [Dior.com](#)



**COACH COLLAB**

Selena Gomez recently teamed with **Coach** to create this perfect-for-cooler-weather leather jacket with a whimsical blue removable faux-fur collar (\$1,400). Look for an empowering personal motto printed in the starlet's own handwriting within. [755 Burrard St., 604-694-1772. Ca.coach.com](#)

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**IN THE BAG**

We're love-love-loving this laminated leather mini bag (\$1,425) by **Gucci**, crafted from a colourful mix of metallic leathers. [900 W. Georgia St., 604-488-0320. Gucci.com](#)



**FALL FRAMES**

Yes, you do need shades for fall! From **Chanel**, these beauties are a full-blown fashion statement and part of a new collection supported by a chromatic range inspired by autumnal colours—brown or green tortoiseshell, black, dark blue and dark burgundy. [Chanel.ca](#)



**HOP TO IT**

Selena Gomez' collab with **Coach** has also yielded a range of items—like this super-soft wool and cashmere crewneck (\$495)—inspired by her childhood pet bunny. [650 W. 41st Ave., 604-266-1214. Ca.coach.com](#)

**FLOWER POWER**

Mark the seasonal shift with a great Instagram shot at the first-ever **Chilliwack Sunflower Festival**, on till September 16th. [41310 Yale Rd. Chilliwacksunflowerfest.com](#)



**LIP SERVICE**

**Givenchy's** new limited-edition, long-lasting, vibrant and satiny Rouge Interdit Marbré No. 27 Rose Révélateur (\$41 at **Holt Renfrew**) adds black pigment to the mix (not to worry: it reacts to your lips' pH to create a perfect personal shade of pink). [737 Dunsmuir St., 604-681-3121. Holtrenfrew.com](#)



# FASHION & SHOPPING

## Hot Shops

VANCOUVER'S GREATEST AND LATEST RETAILERS  
BY NOA NICHOL



### KIMBERLITE

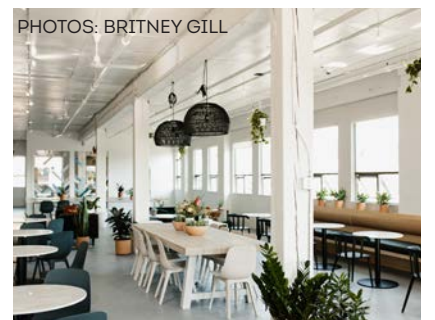
This store is so bright, you'll definitely want to wear shades! China-based diamond retailer **Kimberlite**'s joined South Granville's glittering ensemble with a 2,000-square-foot Canadian flagship showcasing the brand's exquisite, exclusively designed fine jewelry. Though the Moon Goddess—a \$26 million necklace unveiled at the store's summer grand opening—is no longer on site, you'll certainly wish to seek out pieces from the brand's award-winning "blue and white porcelain" collection, which highlight the refined features of traditional Chinese art. Also among our favourites: a garden's-worth of rings that resemble blossoming flowers, as well as romantic designs with hidden, heart-felt details. **2828 Granville St., 604-559-9697. Kimberlite.com.cn**



### CÉLINE + NORDSTROM

The place is famous for its "pop-ins," and the latest temporary **Nordstrom** shop, this time in collaboration with **Céline**, is most definitely worth a visit before it shuts down at the end of October. Head up the escalator to the downtown department store's second floor and look for a heavy felt-walled structure featuring cream-coloured faux-fur shelving and a

tightly curated selection of goods from the French ready-to-wear and leather luxury goods brand's fall-winter 2018 collection, with four items—including an outdoor ankle boot (\$670) and three-zip Trio bag (\$1,350), both in a perfect purple hue called grape, plus a fetching-for-fall wide-leg navy jumpsuit (\$2,250)—exclusive to this event. **799 Robson St., 604-699-2100. Shop.nordstrom.com**



### WERKLAB

Not a retailer, but a space where one can get the job done, Vancouver's **Werklab** has added 8,000 stunning square feet to its roster and re-opened with a renewed focus on mindfulness, health and wellness. The co-working space, in East Van, is now providing members with access to a designated meditation area, on-site energy healing practitioner and aromatherapy bar, along with a "mindful studio" offering guided meditations, sound baths, yoga and movement classes. Also included: more than 100 mobile member seats, offices and a boardroom, a kitchen and three walls of windows that provide a flood of bright, natural light, plus a mural created by local artist Hijulez, with artwork by **Yuli Glass** and plants and greenery curated by Sean Partlow. Regular community programming, which will cover everything from talks on nutrition to business advice for entrepreneurs, also play an integral part in Werklab's dedication to the personal and pro development of its members. Talk about great job karma! **Unit 330 1275 Venables St. Werklab.com**



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# X Marks the Spot

FASHION'S FASCINATION WITH COLLABORATING CONTINUES  
BY AILEEN LALOR

# HI



Humans have been collaborating on artistic projects since Ug the Neanderthal added more burnt sienna to his pal's cave drawing. The tendency to team up isn't even new in fashion: designer Elsa Schiaparelli and artist Salvador Dalí famously worked together in the 1930s. But, in the past few years, clothing brands, it seems, have been hooking up more often than a newly single guy on Tinder. In fact, for his spring-summer 2017 collection, Vetements designer Demna Gvasalia threw every piece to a collaborator, from Levi's to Dr Martens to Juicy Couture—18 in all.

"Fashion's always been a creative process and creativity thrives on collaboration," says stylist and fashion expert Steven Schelling. "Just as an established luxury house can benefit from a bit of new blood and new vision, the up-and-comer can steal a little of the luxury brand's global lustre for themselves."

It can also, says Vancouver stylist Michelle Addison, be about luxury brands reaching new audiences: "It's exciting to tap into lower-price-point markets and give consumers a taste of the designer world that they wouldn't necessarily be able to afford otherwise."

One high-street brand bringing all the big hitters into its fold is H&M, which started by linking with



MICHAEL KORS COLLECTION



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Karl Lagerfeld in 2004 and has since worked with everyone from **Comme des Garçons** to **Balmain**. It mostly sticks to partners within the fashion and design realm—its latest collection, launched August, is with British wallpaper and textile house **GP & J Baker**, famed for its pretty prints.

Japanese behemoth **Uniqlo** is also a major player when it comes to collabs, making clever alliances with fashion grandes like **Jil Sander** to pop-culture icons like **Sesame Street** that typically appear on the brand's graphic tees.

"[We] can learn from partners to refine [our] understanding of apparel and contemporary tastes, translating this into great designs, silhouettes and attention to detail," says Uniqlo Canada's Kat Adams, adding that a key to collab success is to not mess too much with the core product.

"We stay true to **Vans'** heritage and roots, even when collaborating with a partner," agrees Stephen Mills, vice-president of lifestyle product merchandising for the skateboarding shoes and apparel brand, which is launching a cheeky **Vans x Van Gogh** collection for this fall—**Balenciaga** and **Crocs** (yes, it happened!) take note.

Brands often also use their collabs to reposition themselves. **Coach** has long said goodbye to its rep as a fusty old fashion house mostly through the genius of creative director Stuart Vevers, but also by working with brands like the ultra-hip **Rodarte** and, recently, millennial movie and music star Selena Gomez, who has co-created a ready-to-wear collection after doing handbags and accessories last fall.

**Michael Kors**, too, has a history of collabs that capitalize on pop culture; this season, the designer worked with **Vogue** fashion illustrator David Downton on a capsule collection (also see our cover look, on model Ashley Graham) that marks the brand's elevation from mass to luxe.

So, what's next for fashion collabs, or are we seeing the end?

"We are likely just getting started,"

says Addison. "If the younger generation is buying more fashion than the older generation ever did, then it makes sense that celebrity endorsements, Instagram and approachable price points are dictating the direction of the industry."

Schelling, with his cynical fashion head on, adds, "The celebrity collab is just getting revved up. In a twist to Andy Warhol's 15 minutes of fame, every reality star with a pencil and a dream will be signed on to 'design' something, and then we'll have to dutifully write about it and fans will lap it up." (Guilty as charged.)

But for some brands the collab does come from a good place. There are, for instance, hookups that seek to expose an issue or raise money for charity, as well as labels for which the act is part of a philosophy, not just a commercial endeavour. This seems to chime with where we're at right now culturally—social networking means working together is the norm, not the exception, ensemble movies dominate the big screen and movements like #timesup focus on joining forces and amplifying others' voices.

Vancouver's **Brunette the Label**, for one, has a "babes supporting babes" mantra, using its website and social media to shine a light on inspiring women—entrepreneurs, activists, athletes—and working on collaborative projects with everyone from **Covertour** to **Goop**. Its latest partner is Melissa Stackhouse, director of winemaking for **Mejomi Wines**, with whom Brunette created a "pinot please" logo-ed sweatshirt. Founder Miriam Alden wanted to work with Stackhouse because she's one of just a few women making waves (and wine) in a mostly male-dominated industry.

"To us, 'babes supporting babes' is about collaboration over competition, and always making room to grow together," Alden says. "It's choosing to take yourself out of the equation, and always supporting one another." ♡



# City Purse-uit

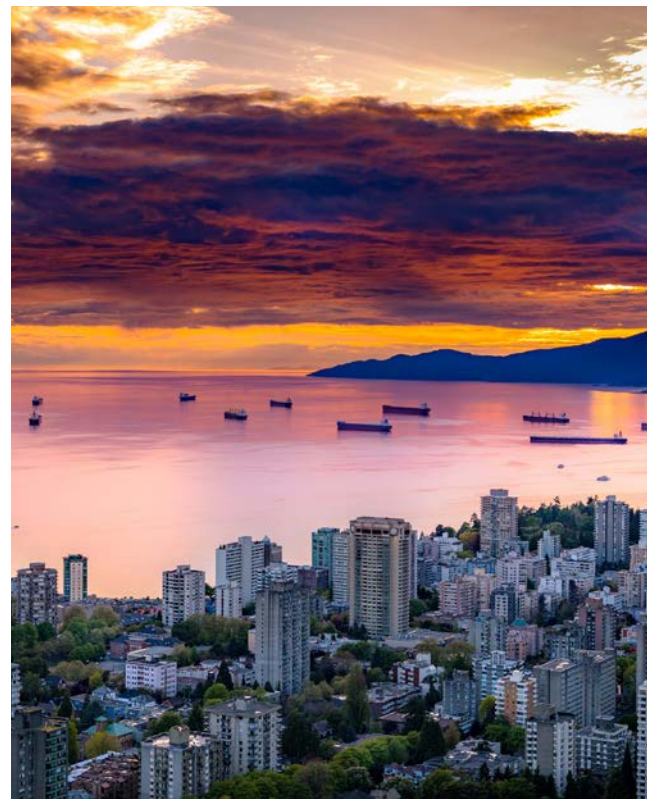
A LIMITED-EDITION RELEASE PUTS A  
PIECE OF VANCOUVER IN THE BAG

# W

What happens when a high-end designer takes its creative cue from—and, for all intents and purposes, collaborates with—a city? A handbag to covet, of course!

Max Mara's limited-edition (only 35 are available), created-especially-for-Vancouver purse (\$3,225) boasts opulent powder-pink soft sides and a smooth pink-suede leather front—a distinct juxtaposition of materials chosen to reflect our city's diverse environment (think water and mountains). Other exterior details include a calf-leather shoulder strap and twin top handles detailed with rose-gold palladium hardware and a magnetic closure, while the interior features a matching leather pouch, storage pocket, zip pocket and detachable pocket mirror—thoughtful additions to account for nearly every on-the-go urban girl's needs.

Also inside: a specially designed tag and matching dust bag portraying the six-oh-four's iconic skyline, with the Harbour Centre skyscraper in plain view (no need to trek up Grouse to catch the panorama, though we do recommend that local activity, too—minus the bag). Available for purchase exclusively at all Max Mara Vancouver locations from September 14th, this is one purse we definitely plan to pursue! [Ca.maxmara.com](http://Ca.maxmara.com)



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*Diane's Lingerie*





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A collection *by* SELENA GOMEZ  
*for* COACH

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## Matte Matters

FALL IS ALL ABOUT TEXTURE, WITH VELVETY EYES, LIPS AND NAILS THAT LOOK RICH AND REFINED, AND CAN BE WORN BY ANYONE  
BY AILEEN LALOR

# W

When we think of fall and winter, it's usually through the lens of nostalgia and fantasy: a muted sienna-hued world seen through a Victorian London fog, short days and black nights all soft and velvety. As soon as summer ends, our makeup cravings switch from shimmer and sparkle to matte softness. And then we remember our teens: the lipsticks that emphasized every crack in our pouts, the foundations that made our skin look desiccated and the eyeshadows that looked more flat than flattering.

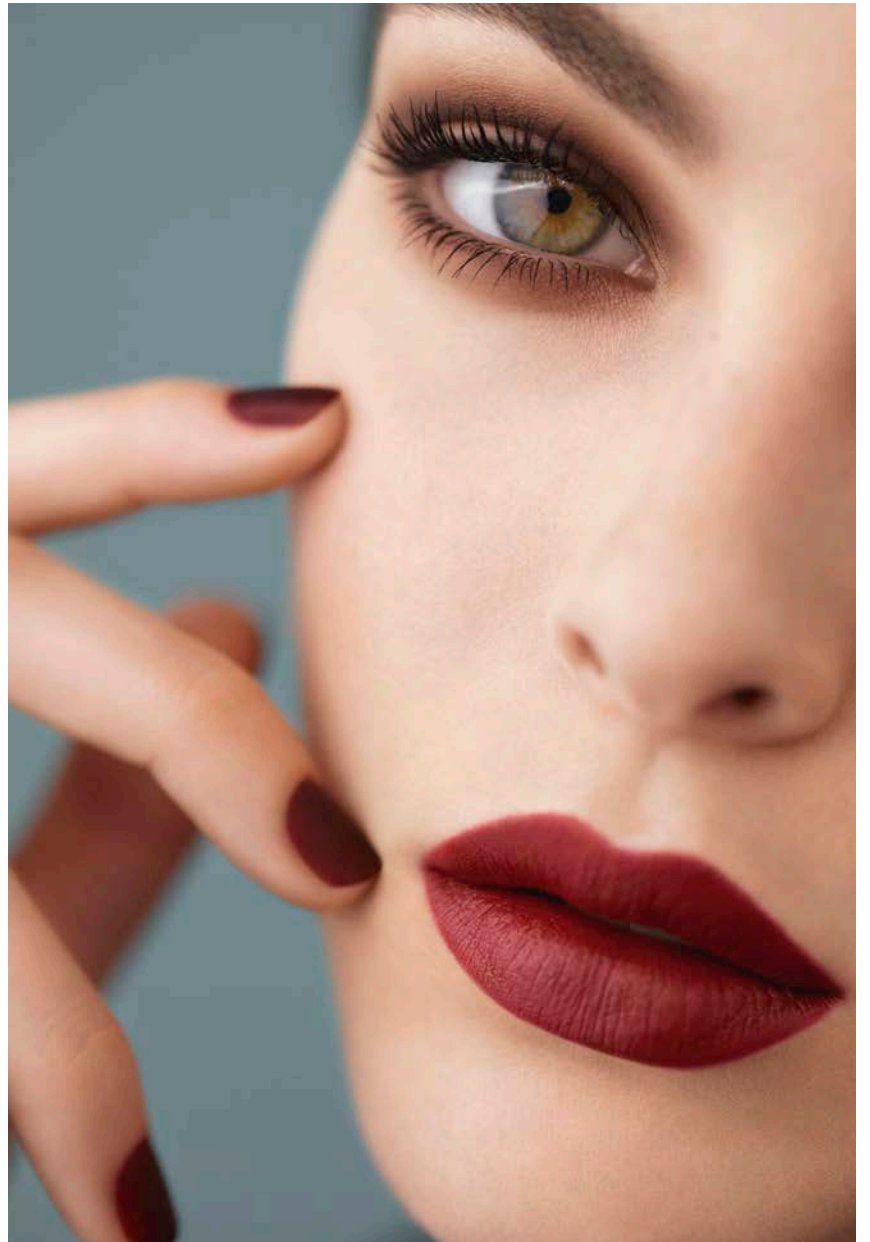
"We have an old perception that a matte texture means cakey, dry, made up, opaque and emphasizes imperfections like wrinkles and skin texture," says Julie Cusson, makeup artist for Chanel. "But, with innovation... velvet is now a new modern finish that you can wear every day."

She's referring, specifically, to Apotheosis, Le Mat de Chanel—the brand's fall-winter colour collection for eyes, lips and cheeks. Apotheosis means the highest point, the best a thing can be, the perfect example, and this collection starts as it means to go on—matte packaging for everything, including lip and eye crayons, blush and eye palettes and even frosted-glass nail-polish bottles. Inside, find colours that are richly pigmented in intense shades like navy and gunmetal for eyes, beet for lips and red for nails.

"Matte reveals your features differently; instantly, a matte texture brings something special," Cusson says. "Personally, I find a matte finish stronger and more refined than shimmered textures."

In her opinion, the best way to keep things looking modern and fresh is to pair your matte lips and eyes with a luminous foundation.

"If your entire face is matte you won't look alive and the makeup will look dull," she explains. "Luminosity for me doesn't mean high shine or strong highlights. I'm talking about a natural, luminous skin look; often the secret is not to use loose powder on the face—or, if it's needed slightly, only on the T-zone."



The colours are intense, but Cusson doesn't think the collection is necessarily only for those who want to make a statement.

"Matte, light shades on lips with velvet beige and warm brown on the eyes can be stunning," she says. If you want to amp it up for an evening look, she suggests a matte-red lip, or using Les 4 Ombres Multi-Effect Quadra Eyeshadow in 312 Quiet Revolution to create a smoky eye or a cat eye, explaining that "deep blue can be more rich and wearable than black."

That's the look Chanel creative makeup and colour director Lucia Pica created for the brand's Cruise 2018 presentation, but what's Cusson's personal favourite—her apotheosis?

"I'm in love with the nail-colour shades," she says. "They are so modern and perfectly matte. You can have a white T-shirt, a pair of jeans and wear dark matte plum or pure matte red and it will be a refined statement." [Chanel.ca](http://Chanel.ca)



### the POWER of PRINT

Not content with colour innovation, Chanel is boldly going where no brand has gone before with the world's first 3D-printed mascara, Le Volume Révolution de Chanel (\$45). It sounds cool, but what's the actual benefit for the user? To start, 3D printing allows for a much more detailed brush surface. That means it can be printed with microcavities—tiny holes that absorb the formulation and deliver the exact right dose to every lash. The bristles are so finely arranged that you get max volume and even distribution, without clumping. The mascara is part of the brand's fall-winter eyes collection, inspired by nightfall and including four eyeshadow pens, two palettes, two cream colours and two powders—3-D delight.





# Under Wear

ONE OF THE WORLD'S ICONIC LINGERIE-MAKERS  
KEEPS PROVING IT'S WHAT WORN BENEATH THAT COUNTS  
BY NOA NICHOL



The recent unveiling of famed French lingerie-brand **Simone Pérèle's** gorgeous-as-ever fall-winter 2018 collection (available at **Diane's Lingerie** on South Granville Street) got us thinking: the colours, designs and styles of the clothes we don outwardly change with the seasons, but what about the things we wear under those garments? Our chat with current brand director **Stéphanie Bujard Pérèle** on the 70th anniversary of the company her grandmother lovingly founded revealed that, yes, indeed, they do. [simone-perere.com](http://simone-perere.com)

**Tell us about the history—not to mention, the legacy—of Simone Pérèle, the brand.**

Simone Pérèle was created in 1948 by a young, talented and passionate Parisian corset-maker, Simone Pérèle. She and her husband built the company based on innovation and a specialized know-how, and understood quickly that women truly flourish when they feel perfectly confident. My grandmother left behind a legacy of elegance, meticulous attention to detail, unparalleled support and a dedicated focus on fit, using the highest-quality fabrics designed to embrace all women's natural curves.



“When a woman wears *beautiful lingerie* that suits her, there's this little something in her attitude that **screams self-confidence**”

Today, building on the legacy of this legendary duo, our family's third generation has taken the reins—including myself! I joined the company nine years ago to oversee creation, branding, communication, marketing and all of the product development, such as the trends, the confection, styles, materials and more.

**Who are the women that Simone Pérèle designs for?**

We create lingerie for every single woman! Our lingerie is more than a fashion item; it's about being self-confident, feeling beautiful and accomplished in a way that unveils the beauty of every size and shape of silhouette. By freeing each woman's personal beauty, we aspire to unveil her self-confidence, without convention or constraint. Everyone is a Simone!

**What, in your mind, are some of the stand-out, must-have pieces from Simone Pérèle's latest fall-winter collection?**

As this collection celebrates the 70th anniversary of the brand, we created a limited-edition line called 1948, which desires to be the most daring—think Italian satin and French embroidery, with top-stitched banding along the neckline and an audacious lacing. In terms of the must-haves pieces from this line, I would definitely recommend the edgy bustier 1948, which is the fashion item of the moment. Under a flowing jacket or a plain kimono, it is complemented to perfection by “boyfriend” jeans, creating an elegant and yet uninhibited look.

**And what about trends, in general, in lingerie for the season?**

A growing trend is to showcase your lingerie in everyday life. Easy ways to do this include wearing a bodysuit or bustier with an amazing pair of jeans to dress them up, or layer your favourite silk top with a beautifully embellished or lace bra showing through to bring some interest to an everyday look. Also, lots of black and gold, luxurious fabrics—and the high-waist bottom will be a staple!

**Fashion-wise, it's clear that the colder months necessitate, say, coats, while the warmer months inspire, for instance, swimsuits. When it comes to lingerie, how does “seasonality” play into creating a collection?**

Seasons definitely have an impact over the colours and fabrics that we choose. For example, working with different types of silk and velvet would only work for the fall-winter season because they're nobler and warmer. As for the colours, we are mostly working with warm and rich colours for fall-winter collections, such as burgundy, deep red and emerald green. We focus on bright colours for the spring-summer collections: lemon yellow, pinks, oranges and the like.

**In your opinion, why does it matter what we wear under our clothes, and how is lingerie considered fashionable?**

When a woman wears beautiful lingerie that suits her, there's this little something in her attitude that screams self-confidence. It's like having the nicest pedicure during winter—despite the fact that nobody else sees it but you, you walk around feeling amazing. Lingerie is more and more fashionable and we can play with it. What was usually worn underneath is becoming a fashionable, everyday item.

**Finally, matching set or mismatched top and bottoms?!**  
Always, always, always matching! ♡



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# New Noshes

WHERE AND WHAT TO EAT THIS MONTH



## HARVEST

A lovely, light little spot on Union Street, **Harvest** serves oodles of noodles (rice, ramen and udon) in bowls with hyper-fresh, seasonal, local ingredients like urban-farm veggies and **Two Rivers** meats, along with bountiful salads, chewy-gooey chocolate-chip-and-sea-salt cookies and, when we were there for a team lunch, house-made blueberry kombucha (tart, fizzy and fine). When you're done chowing down, check out shelves stocked with artisan foods focused on transparency and sustainability (in our shopping basket: a jar of ripe-red **Sugo Sauce**, a box of **Vancouver Island Salt** and several pots of **Birchwood Dairy** berry-on-the-bottom yogurts). Don't leave without asking about Harvest's community-supported agriculture (CSA) boxes, stuffed on a bi-weekly basis with a cornucopia of in-season fruits, vegetables and grains from local growers like **North Arm Farms**, **Hazelmere Organic Farms** and **Klippers Organics**, plus a free custom recipe via e-newsletter—and a "no-kale-overload" promise! **243 Union St., 604-682-8851. Harvestunion.ca** NOA NICHOL



## LADURÉE TEA SALON

When we caught wind of international pastry chef Mickaël de Monte's move from Paris to Vancouver (the point: to work exclusively at Robson's own **Ladurée**) we couldn't wait to taste his wares—think a brand-new, impossibly delicious pastry and viennoiserie collection crafted with ingredients imported from France. Try the pistachio pain au chocolat croissant—crispy, buttery puff pastry with a delicate finish of pistachio and chocolate—along with an exclusive-to-Ladurée Marie-Antoinette tea, boasting a blend of Chinese black tea, rose petals, citrus fruits and honey served in a sterling-silver teapot. Also taste-worthy: the creamy lemon meringue tart topped with candied lemon and lemon cream. Ooh la la! **1141 Robson St., 604-336-3030. Ladureecanada.ca** KASIA FRYKLUND



PHOTO: LEILA KWOK

## LAURENCE & CHICO CAFÉ

Fashion marries food with this West End opening. Inspired by Laurence's postcard illustrations depicting his life with Chico, the Vancouver-slash-N.Y.C.-based pair launched a fashion label in 2015 and have since been mesmerizing fans with their zany streetwear designs. From a rubber ducky-themed loo to a hand-painted snake counter and itty-bitty to-go espresso cups, every detail in this concept space was created by the two. Focusing on high-tea service, the café will see new chef collabs every three months and décor variations to match the fashion seasons. Also offering take-out counter service, check out fun partnerships with local purveyors like **Up Jus** (Laurence Lemonade) and **La Glace** ice cream. Another twist to this wonderfully wacky tale? Every light fixture, stool and chair is for sale, along with charming L&C souvenirs. **833 Bute St., 604-688-8680. Laurenceandchico.com** RACHEL JOHNSTON

## POPINA CANTEEN

A cool new Granville Island concept (with a name inspired by ancient Roman "popinae"—quick-service bars) housed in colourful shipping containers is now serving scratch-made fresh "fast food" ranging from \$12 toasts to \$120 seafood trays. Must-try tidbits: the whole Dungeness crab (worth its weight in gold), house-made falafel that takes two days to craft and a soft-serve cream-puff invention called a **Puffcream**. If you wear stretchy enough clothes, grab a lobster roll, too—easily one of the city's best. Although **Popina Canteen** was a concept nearly five years in the making, chef Robert Belcham of **Campagnolo** fame says, "Whenever you're building a restaurant it's trying to find the right space for the right concept." Hey, Rome wasn't built in a day, either. **Popinacanteen.com** MIRANDA SAM



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# Runway to Room

FASHION AND INTERIOR DESIGN ENJOY A SYMBIOTIC RELATIONSHIP THIS SEASON

BY ISABEL ONG

**F**

Fashion may be fickle, but it does a wonderful job setting trends (how else would Crocs become chic, eh? You've got Balenciaga to thank for that). Luckily, it's not just in the style department that fashion trends bear weight. It's also been highly impactful in the field of interior design—so much so that a growing number of designer labels (think Marni, Loewe and Gucci) are launching their very own homeware lines, natch.

The link doesn't end there. This fall's ready-to-wear collections offer plenty of trends that can be parlayed into our decorating playbooks. Take, for instance, the bright clashing hues spotted on Chanel's, Balenciaga's and Prada's runways as an example: in solid shades or neon hues, the looks take colour blocking to the next level.

It's a concept that can be extended to domestic territory for a touch of sassy flamboyance (yes, homes can have personalities, too). Sleek, statement pieces like Philippe Starck's La Bohème stool (\$284 at Design House)—in a vivid red no less—lend instant contrast to a coloured or textured wall. Gucci's Fumus Star Eye scented candle (\$420), which smells of birch combined with bright notes of orange leaves and beeswax, also makes an eye-catching home accessory.

Then there are the party-worthy metallic looks courtesy of Balmain,

Calvin Klein, Christian Dior and Maison Margiela. From reflective foil-esque outfits to blazers with a pearly, iridescent sheen, these exude fun and sensuality better than any LBD can. That's why we recommend stocking up on servingware that's big on luminosity, like Hay's "rainbow-plated" stainless-steel tray (\$24 at Old Faithful Shop) and Jonathan Adler's gold foil-splattered porcelain salad bowl (\$200 at Secret Location), both of which might come in handy for your next fancy dinner party.

Fringe, meantime, is no stranger to the fashion world, and this season's interpretations range from ladylike at Givenchy to tribal at Proenza Schouler. In home-décor circles, tasseled anything, too, is all the rage. One clever way to introduce it into your abode in a more refreshing (read: fashion-forward) way is to add it to unexpected interior elements. Our pick: the Fela tasseled chandelier by Jungalow boho blogger and style guru Justina Blakeney (\$296 at Anthropologie), which will be your living room's pièce de résistance.

Likewise, florals in fashion may not be groundbreaking, but fall's psychedelic slant on them—seen at Dior, Comme des Garçons and Gucci—is nothing short of electrifying. The vibrant "cabbage forest" pattern on one cushion cover (\$45 at Marimekko) brings this notion to life inside the home, as does a made-to-order Chiavari chair that depicts Gucci's herbarium print as well as an intricately embroidered tiger head on its seat cover (\$3,380).

As much as fashion influences home décor, the reverse holds true as well. At Dolce & Gabbana, for instance, Majolica tile patterns were splashed onto dresses and handbags. A cracked marble motif was also applied onto clothing at Balenciaga. And don't get us

PROENZA SCHOULER FALL 18 RTW



JUSTINA BLAKENEY  
FELA CHANDELIER



BALMAIN FALL 18 RTW /  
HAY RAINBOW TRAY



BALENCIAGA FALL 18 RTW /  
GUCCI FUMUS STAR EYE CANDLE



PHILIPPE STARCK  
LA BOHÈME STOOL



CHRISTIAN DIOR FALL 18 RTW /  
KAALIMETSA CUSHION COVER



started on the Instagrammable (but not very practical) wooden or rattan bags by hot brands like Cult Gaia, which seem to have taken their reference from cane and wicker furniture.

One recent tie-up, however, kicks things up a nook-worthy notch—by turning wallpaper prints into womenswear. Swedish fast-fashion retailer H&M has teamed up with royalty-endorsed British wallpaper and textile house GP & J Baker on a collection that features the latter's botanical and geometric designs. There's Magnolia, created in 1913 by English romantic painter William Turner, and Fretwork, which pays tribute to French Art Deco designer Jean Dunand. These prints (and others) have been applied onto billowy blousons and relaxed lounge-y pants, and are available in selected stores and online.

"The pieces from the collection are feminine and strong with an effortless feel, and will appeal to those who love both fashion and great print design," says Pernilla Wohlfahrt, design director at H&M. Collaborations like this exemplify the best of both worlds, fashion and interior design—and in our minds, are a match made in home-décor heaven. ♡

H&M X GP & J BAKER



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# Paddle Away

THESE UNIQUELY CANADIAN OARS  
GIVE NEW MEANING TO LIVE STREAMING  
BY NOA NICHOL

A

A uniquely Canadian artistry project that involves hand-painted paddles inspired by two bodies of water in British Columbia—the Bowron Lake and the Mackenzie River—surfaced over the summer, and it's not too late to row away merrily with one (or a pair) of your own. Paddle designer and founder of **Norquay Co.** Natasha Wittke partnered with **eBay Canada** to exclusively offer cheerful cherry-wood paddles (\$350 apiece until August 31st) that tell the stories behind her local canoe trips, with all proceeds benefiting the Canadian Canoe Foundation. Our chat with Wittke reveals more about the inspiration behind her art—and her favourite way to immerse herself in her work. [Ebay.ca](http://Ebay.ca)

**Tell us a bit about yourself and your work.**

My career background and current job is in advertising and design but canoeing and the great outdoors have always been another passion of mine. I launched Norquay in 2013 because I really needed a way to express my passion for loving and embracing all that nature has to offer. I'm originally from Sudbury, Ontario, where I grew up around so many lakes and was lucky enough to take some pretty epic canoe trips from a young age. The most notable one I took was a 600-kilometre 30-day trip along the Missinaibi River. So, my greatest inspiration is nature, but my work is also a reflection of my deep appreciation for colour and balance



with a focus on symmetry. I create designs for the shape of the paddle, each one thoughtfully considered.

**Since launching Norquay Co. what has changed, paddle-wise?**

I'm all about consistency when it comes to my products and quality. I work exclusively with solid cherry wood because of the natural fluidity of the wood grain and how its rawness complements the geometric structure of my designs. I've launched a number of limited editions to play with more contemporary designs and broaden our offering.

**Why include Canadian materials in your work?**

It's extremely important that our products are made here in Canada from Canadian materials. It allows us to support local, while honouring and leveraging the great talent that exists in our country. That, and I truly believe that Canadians deserve the choice to buy Canadian products—something that seems harder and harder to do.

**Tell us about the B.C. aquatic inspo behind this collection.**

Each design and colour structure reflects the natural surroundings of each body of water. The paddle named Bowron is inspired by the earthy tones of the western slopes of the Cariboo Mountain and the lake's canoe system, while the one named Mackenzie derives from the giant rock outcrops and deep-blue waters found along this long river. Creatively, this was such a fun project to work on. I've been fortunate to travel and paddle many routes across Canada. The ones we've featured and named our paddles after are my bucket-list destinations.

**So, when it comes to swimming in the great outdoors, bathing suit or skinny dipping?!**

Easy! Skinny dipping, hands down. ♡



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## TRIPS & SIPS

# Coast with the Most

THE MAGIC OF OREGON'S MANZANITA BEACH  
BY NOA NICHOL

# T

The drive alone, along the coast from Vancouver, is worth it, and the destination—Manzanita—is your grand prize for seven (or so) hours on the road. Situated on Oregon's "magical coast," this pretty beach town is the perfect September destination, boasting charming accommodations, hyper-local shopping, seaside eats and plenty of sun, sand and surf. [Exploremansanita.com](http://Exploremansanita.com)



PHOTO: YING KNIPE

### SEA

Manzanita Beach just so happens to be the broadest and longest (read: seven-mile) stretch of sand on Oregon's northern coast—and it's skirted by a surfable, swimmable, SUP-able ocean, to boot (though a wetsuit is recommended for longer stretches in the water). Dunes, driftwood, tide pools, birds and wildlife make this sandy destination a fabulous place to stay for the day and explore—just be sure to come prepared with several layers of clothing, as mornings can be foggy but most afternoons clear (and heat) right up.



### STAY

Of several excellent choices, **Coast Cabins** could very well be your best boutique bet. Six unique and gorgeously appointed cabins (plus three luxurious private rental homes and two village-central lofts) include thoughtful details like mahogany wraparound decking, Zen courtyards, full kitchens, outdoor hot tubs, saunas, steam showers, fire pits and much, much more. From the Modern Ranch to the Cottage or Spa, choose the space that perfectly suits beach-vacation you. **635 Laneda Ave., 503-368-7113. [Coastcabins.com](http://Coastcabins.com)**



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### SHOP

No need to stray from Laneda Avenue if it's retail therapy you're after. Manzanita's main strip boasts everything from toys (at **Toylandia**) to stationery (**Salt & Paper**) to Oregon-made salt-water taffy (**Manzanita Sweets**). Don't miss the ocean-inspired musings of **Polaris Gallery** artist and owner J. Scott Wilson or the shoes made in state by brands like **Keen** at **Syzygy**. Our favourite find: handmade and dyed organic cotton seashell bikini tops for kids at craft-store **Freehand**.



### SIP

The fruits of many of Oregon's winemakers' labours can be found (and tasted) at **Dixie's Vino**—the day we visited, this beautiful bottle shop was sampling a Viognier and Pinot Noir from the Willamette Valley for \$4 a glass. Or, cross the street and take a seat by one of the outdoor patio fire pits at the **Winery at Manzanita**, where a wide selection of small-batch Pacific Northwest wines and local ciders can be enjoyed alongside gourmet s'mores you melt yourself. **253 Laneda Ave. [Thewineryatmansanita.com](http://Thewineryatmansanita.com)**

### SPA

The place for pampering is **Spa Manzanita**, where services take inspiration from the surrounding environment. Try a Neah-Kah-Nie massage—featuring warm stones from the base of its namesake mountain—to soothe and release tight muscles, or a North Coast ocean scrub, which uses sea salt to exfoliate, stimulate and leave skin silky smooth. The Walk on the Beach pedi, which exfoliates tired tootsies with beach sand and ocean minerals, sounds seaside-holiday good, too. **144 Laneda Ave., 503-368-4777. [Spamansanita.com](http://Spamansanita.com)**



### SAVOUR

Start the day with breakfast at **Bread and Ocean**; though you'll likely find yourself in line, the wait for one of this bakery-café's famed cinnamon cardamom rolls is most certainly worth it. Lunch is a slam dunk into the soup bowl at **Buttercup**, where the traditional clam chowder (and even the Thai vegetable chowder, for vegans) is so good, you'll want seconds (if you like, get those to go). Finally, you can't go wrong with dinner at **Neah-Kah-Nie Bistro**; here, self-taught chef Lynne Hopper whips up gourmet comfort food with a focus on local while her son, Eisha, entertains guests (and shakes up divine cocktails) behind the bar. Still peckish? Satisfy your sweet tooth back at **Buttercup**, with a lemon-poppyside ice cream or pomegranate-rose sorbet in a Marcona almond cone. ♡



# TRIPS & SIPS

## Label Love

THE ARTISTIC REAL ESTATE OF WINE LABELS  
BY LAURA STARR



# W

Winemaking is a considerably creative undertaking—a true form of art that showcases authenticity of time, terroir and grape. Though the bottle's contents are the liquefied manifestation of this art, it is the vessel itself that summons us, the drinkers, with visual imagery and marketing allure. And it is here that we find prime real estate for artistic collaboration.



### B.C. WINE & ART

Our very own made-in-British-Columbia wine is no stranger to artistic collaborations. We've lovingly touted before the playful watercolour pieces from Gina MacKay that adorn **A Sunday in August** wines (cheap and cheerful vins from magically impassioned winemaker Mike Schindler). **The Hatch** is another provincial gem—a winery from West Kelowna that facilitates artistic partnership on its wines through the mischievously fantastical designs of Vancouver artist Paul Morstad (tip: the wine is worth it, but you can also order 24-by-36-inch posters for your wall). Both wineries are small production, so you'll have to scout local restaurants or purchase direct. [Asundayinaugust.com](http://Asundayinaugust.com) | [Thehatchwines.com](http://Thehatchwines.com)



### CHÂTEAU MOUTON ROTHSCHILD

Château Mouton Rothschild—a highly touted wine estate in the Medoc region of Bordeaux renowned for its high-quality and affluent wines—has earned global notoriety for its dedication to artistic collaborations on its labels. This eclectic legacy has embraced the talents of such venerated individuals as Pablo Picasso, Salvador Dalí, Prince Charles, Andy Warhol and, most recently, Gerard Richter. [Chateau-mouton-rothschild.com](http://Chateau-mouton-rothschild.com)



### MASI X SUSAN POINT

Another global wine-slash-art collaboration that hits closer to home is the Cosatera Contemporary Art project by Masi—an established Italian producer from Valpolicella known for decadent Amarone wines. Every two years an internationally applauded artist (from a place with ties to Masi) is chosen to renovate the face of the emblematic Cosatera Amarone. The labels are intended to exemplify the artist's interpretation of the wine and culture. This year Masi chose B.C.'s very own Susan Point—a prominent and respected Coast Salish artist from the Musqueam Nation in Vancouver. Point's remarkable piece of art was showcased earlier this year at **Wildebeest** restaurant, alongside a delightful horizontal tasting of several vintages of the Amarone. The label is striking, and peels back to reveal the unvinified version of her art. Limited amounts are available in Canada and are considered collectible, with proceeds funding a bursary for a youth artist of Point's choice to study in Italy. [Masi.it](http://Masi.it)



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