

# VITA

YOUR LIFESTYLE SUPPLEMENT FROM VITAMIN DAILY • MARCH 2016

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NEED NOW  
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ON ROBSON  
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# THE SARAH FILE



## ALMOST FAMOUS

A must on my spring accessories list is J. Crew's first line of sunglasses, designed by creative director Jenna Lyons with New York maker Marchon. Made from acetate with scratch-resistant lenses, they have an extra durable hinge designed by Lyons, who must be like me and tend to accidentally sit on her sunnies. The oversized "Betty" style has my name on it. From \$128 at J. Crew. [Jcrew.com](http://Jcrew.com)



## FLOWER POWER

In celebration of Coach's 75th birthday, its new 1941 collection features 70s-inspired patchwork leather skirts and mixed-floral prints, as in this Tea Rose Appliqué Saddle Bag. Coachella music festival, here we come! \$800 at Coach. [Coach.com](http://Coach.com)



## PILLOW TALK

I grew up in Kitsilano, where trips to Ed's Linens with my mom were a yearly occasion. Now, the family has launched Rothman & Co. Fresh Linens, featuring Canadian-made products for bed and bath. I love the Egyptian cotton Ava pillowcases that get softer and softer over time, especially the pale rose and ice blue options to add a spring-like touch to your boudoir. From \$45 at 3301 W. Broadway, Vancouver. 604-731-2700. [Rothmanandco.com](http://Rothmanandco.com)

# D

editor's letter

Doesn't it feel good to pack away your parka once and for all? And fold up and stash that fur throw on your sofa? Both of these are springtime rituals around my house, happening right around the time the daffodils bloom. This issue we are celebrating the arrival of the new season with top trends in both fashion (page 4) and décor (page 10). If you want to hit the trends in one fell swoop, invest in pastels, showing up in both spheres. I also had the chance to speak with the ultra-talented fashion designer Peter Pilotto at The Room and managing editor Lise Boullard went on a foodie pilgrimage to Vernon to get you thinking of warm-weather adventures. Please enjoy the issue.

Sarah Bancroft Editor-in-Chief

What would you like to see featured in VITA?

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VITA

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# OBJECTS OF DESIRE



## ELECTRIC DREAMS

### TESLA MODEL S

Although Nissan, Mitsubishi and other makers will sell you an electric vehicle for a reasonably affordable price, Canada's top selling EV is a luxury sedan that costs over \$100,000. It's the sleek **Tesla Model S**, certainly one of the most futuristic and stylish large 4-doors ever designed. The Tesla incorporates some of the most advanced battery technology yet developed and offers surprisingly long range (over 400-km with battery extender) and sparkling performance. Like other EVs, the Model S is whispery quiet and feels even more refined and silky to ride in than gasoline-fueled luxury equivalents. The California-produced automobile is seriously fast, thanks to the instant response of electric motors, with all the power available as soon as you step on the "gas" pedal. [Teslamotors.com](http://Teslamotors.com) TONY WHITNEY

## LINKS



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# LOVE LONDON LIFE



# FASHION & SHOPPING



## SOLID STRIPES

Bold horizontals bring the classic Lacoste dress into 2016. \$215 at [Lacoste](http://Lacoste.com/ca). [Lacoste.com/ca](http://Lacoste.com/ca)



## MESH

Crisp spring mornings call for Moncler's Rombou jacket. \$1245 at [Moncler](http://Moncler.com/ca). [Moncler.com/ca](http://Moncler.com/ca)



## BOXY HANDBAGS

This structured snakeskin stunner had us at "Prada." At [Prada](http://Prada.com). [Prada.com](http://Prada.com)



## BOTANICAL FLORALS

Petal details take Moncler lounge wear up a notch. At [Moncler](http://Moncler.com/ca). [Moncler.com/ca](http://Moncler.com/ca)

# Top 10 Spring Trends

KEY LOOKS TO REFRESH YOUR SPRING STYLE  
BY ALEEZA KHAN

**OFF-THE-SHOULDER**  
Rock the 70s trend with this sweet Zara blouse. \$40 at [Zara](http://Zara.com/ca). [Zara.com/ca](http://Zara.com/ca)



**FUTURISTIC FOOTWEAR**  
Elongate those newly freed pins with this pair of Gianvito Rossi plexi shoes. \$835 at [Holt Renfrew](http://HoltRenfrew.com). [Holtrenfrew.com](http://HoltRenfrew.com)



**PLEATS**  
Technical leather gives classic pleats an edge on Monique Lhuillier's strapless dress. \$1995 at [Moniquelhuillier.com](http://Moniquelhuillier.com)

**DRAPEY TRENCHES**  
Banana Republic's relaxed-fit trench is a spring wardrobe non-negotiable. \$240 at [Banana Republic](http://BananaRepublic.com). [BananaRepublic.com](http://BananaRepublic.com)

**PRETTY 90S PASTELS**  
Feminine, playful and laid back: that's you in this Ted Baker Alishia skirt. \$289 at [Ted Baker](http://TedBaker.com). [TedBaker.com](http://TedBaker.com)



**ORANGE**  
We soon won't be leaving home without a pair of bold French Sole croc Henriettes on our feet. They're hand made in Spain by third generation shoemakers. \$250 at [French Sole](http://Frenchsole.com). [Frenchsole.com](http://Frenchsole.com)

# Material Men

PETER PILOTTO'S LATEST COLLECTION BREATHES NEW LIFE INTO BASIC COTTON. BY SARAH BANCROFT

P

**PETER PILOTTO** and partner **CHRISTOPHER DE VOS'** eclectic designs stunned the fashion world when they released their first digitally manipulated prints in 2007. Fifteen international launches and collaborations with brands like Kipling and Nicholas Kirkwood later, the designers are foraying into new territory with a cotton line. We sat down with the Austrian-born Pilotto to hear the inspiration behind Spring /Summer 2016, now at **The Room**.

*This collection features intricate pieces with repeating patterns (I'd wear every one if I could). What inspired it?*

When we started working on this line we were thinking of the Peter Pilotto woman's holiday wardrobe; what she would wear from day to night while she was away. We immediately thought of the cotton smock shirt which inspired us to explore smocking in all its different forms: its elasticity, how this transforms the fabric, and the way you can displace it on the body. We also experimented with French laces, manipulating them to give the illusion of summer.



*You're known for your digital fabrics, which are designed in London and made in Italy. Tell us about the ones you used in this collection.*

For the last few seasons we've been focusing on a craftsmanship that is beyond print, and exploring ways in which we can demonstrate the same aesthetic through innovative techniques. But we'll always feature digital print in our collections: In Spring/Summer 2016 we used a light chiffon base for the printed styles to give them a summery feel.

*Preparing a collection must be exhilarating (and exhausting!) How do you keep your stamina up?*

Lots of tea! And sports like Pilates and CrossFit. We both live and work by the Richmond canal in East London so it's nice to go for a run and to the gym nearby. Obviously the stress (of the industry) is quite unhealthy, so it's important to live and eat really well in contrast.

*What was on the agenda for your Vancouver visit?*

We walked through Stanley Park. It was amazing to understand how the city is really a city, and quite urban, but has this incredible nature right here. We took pictures of the trees.

*Now on to Fall 2016 ... How do you keep the ideas coming season after season?*

Travelling and simply discovering something new every time is very important. Now that we're using a new technique every season, it's great (and scary) to be exploring.

GET PETER PILOTTO'S SPRING/SUMMER 2016 COLLECTION AT THE ROOM AND [WWW2.THEBAY.COM/THEROOM](http://WWW2.THEBAY.COM/THEROOM)



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# Hot Shops

MEET VANCOUVER'S NEWEST RETAILERS.

P

**PRADA**

Get ready to welcome another addition to Vancouver's luxury shopping district. Nestled between neighbours De Beers, Versace, Burberry, Dior, Hermès and Tiffany & Co. (to name a few) comes Prada's new flagship store on Alberni Street. Housed in The Carlyle luxury complex, the store has been subject to much speculation, and there is still little known detail.



What we do know about Canada's second stand-alone Prada store (the first in Toronto, 1997) is that it will feature men's and women's ready-to-wear, as well as footwear and accessories. With larger demand for luxe items in our growing city, Prada brings its legendary European elegance to Vancouver's own "Golden Mile." 1098 Alberni St., Vancouver. [Prada.com](http://Prada.com)

ALEEZA KHAN



**VAN CLEEF & ARPELS**

Now this is a diamond power duo if we've ever seen one. Taking their partnership up a notch, Van Cleef & Arpels has unveiled its beautifully renovated boutique within Birks' West Hastings location. And this luxurious French jewelry maison delivers on all fronts. The diamond and timepiece collections range from new creations such as the Alhambra diamond and Cadenas ranges, and signature staples such as Between the Finger rings and Poetic Complications timepieces. There's even a private library for clients to view the lines with discretion. If the diamonds aren't enough to spark your interest, the gold leaf walls and tiered crystal chandeliers are the cherry on top to satisfy the magpie within us all. 698 W. Hastings St., Vancouver. 604-669-3333. [Maisonbirks.com](http://Maisonbirks.com) ALEEZA KHAN



BETWEEN THE FINGER RINGS. \$28,900



**LBV LIFESTYLE**

If ever there was a store designed for social media shots—think black, white and gold on fleek—it's Kelowna-based LBV Lifestyle. Owner and interior designer Tracey Wikenheiser styles her Gastown location like a well-edited Instagram account: there's a gallery wall decked with pop culture and couture prints, perfectly stacked fashion table-top books and luxe furniture pieces like furry white poufs. This boutique is the go-to destination for your fix of Karl Lagerfeld designer candles, cheeky

lamps with a gold gun base, and tech-savvy Mezzi leather handbags. Wikenheiser also offers top-notch interior design services too, 'cause it's not like her beautiful abode hasn't been featured in *Style at Home*. Just sayin'. LBV wants you to "Live Beautiful, Vancouver!" We sure don't have a problem with that. 206 Carrall St., Vancouver. 604-620-6206. [Lbvlifestyle.com](http://Lbvlifestyle.com)

MIRANDA SAM



**LADURÉE**

Afternoon tea in Ladurée Paris' Champs-Elysées tearoom (complete with the most perfectly chewy macarons we've ever tried) ranks as one of our top travel moments of all time. Soon we'll be channeling our inner Marie Antoinette at Canada's first Ladurée Boutique and Tea Salon on Robson Street. With the brand's signature bronze, marble and almond green baroque details adorning every crevice of the 16-seat salon, and viennoiseries, teas, jams, perfumed candles, fragrances and macarons (made using a variation of the original 1862 recipe) on offer, it promises to be the ultimate French fantasy. 1141 Robson St., Vancouver. [Laduree.com](http://Laduree.com)

LISE BOULLARD

OYSTER PERPETUAL LADY-DATEJUST 28



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**ROLEX**

# Okanagan Escape

WITH WINE TASTING, HIKING AND ARTISANAL SHOPPING, THE VERNON AREA IS THE SPOT TO WELCOME SPRING. BY LISE BOULLARD

S

**STAY**

Nestled along the mountainside in the quaint SilverStar village, just 30 minutes from Vernon, our rustic-chic room at the Chiclet-coloured **Snowbird Lodge** made for the quintessential chalet weekend escape. Walking distance from all activities and restaurants, and one minute from the hill, it doesn't get more quaint (or convenient) than this! Treat yourself to a room with a fireplace and a hot tub on the terrace; with a glass of local Pinot and views of the Monashee mountains, it's bliss. 170 Silver Lode Lane, Silver Star Mountain. 1-800-908-5000. [Skisilverstar.com](http://Skisilverstar.com)

**DO**

With an 85 kilometre mountain bike trail network, two summer chairlifts and some of the most stunning hiking in the Okanagan area, SilverStar offers something for everybody. But don't resign yourself to just one activity a day: do like the locals and spend the morning hiking; then mountain bike or geo-coach in the afternoon. Don't leave without a wildflower tour! 123 Shortt St., Silver Star Mountain. 1-800-663-4431. [Skisilverstar.com/activities-events/mountain](http://Skisilverstar.com/activities-events/mountain)



**SIP**

A 35 minute drive from SilverStar, the Lake Country region is making a name for itself on the wine circuit. Located in the hills overlooking Okanagan Lake, the cooler weather and higher elevation than the Penticton area make the soil the perfect home for finicky Pinot Noir and Gewürztraminer. We spent the day touring (and tasting) the area's seven wineries, including **50th Parallel**, **Gray Monk** and **Ex Nihilo**. Ask for a tour of Gray Monk's stunning private tasting room, where generations of owners make decisions about their family business. 1055 Camp Rd., Lake Country. 1-800-663-4205. [Graymonk.com](http://Graymonk.com)

**SHOP**

A short jaunt from SilverStar, the sleepy town of Armstrong (yes, the Armstrong cheese originated here) was the place to stock up on Terroir artisanal cheeses, chocolates and other delicacies at **Village Cheese** and **Chocoliro**. On the drive back to SilverStar, we stopped in Vernon at **Okanagan Spirits Craft Distillery** for a tasting of whiskey, gin, vodka and liqueurs made using local apples, cherries, huckleberries, blackcurrants and blackberries, while watching the distillers hard at work. Ask the manager, Rodney, for a sip of craft absinthe before stocking up on souvenirs. 5204 24th St., Vernon. 1-888-292-5270. [Okanaganspirits.com](http://Okanaganspirits.com)

**SAVOUR**

A forty year institution run by a friendly Dutch owner/baker, **Bugaboos** was the perfect spot to fuel up pre-hike with a fresh croissant sandwich, espresso and a chocolate dipped cream puff. Midday we hung up our backpacks to tuck in for jalapeno and bacon mac and cheese at village hotspot, **Red Antler**. Come evening, head to **Silver Grill** for local wine and cuisine featuring the Okanagan's finest organic fare. 1-800-663-4431. [Skisilverstar.com](http://Skisilverstar.com)





# DINING & NIGHTLIFE

OUR EDITORS SAMPLE THE CITY'S MOST RECENT CULINARY OFFERINGS.

## Food for Thought

# T

### THE MACKENZIE ROOM

If Instagram created a restaurant, it would be **The Mackenzie Room**. From its painted church pews to its vintage pennants from small B.C. towns, there's plenty of Insta eye-candy. Diners are encouraged to stroll over to the chalkboard menu that changes daily to order cunningly named dishes like Thumper for Dinner (a.k.a. roasted rabbit leg). The best strategy, however, is the I Want It All prix-fixe plan, which lets groups of four sample the entire menu for \$51 each. Situated on a block of what was once Japantown, across from Oppenheimer Park, the restaurant's great soundtrack will be punctuated by the odd ambulance siren, but since most of the storefronts are boarded up, there's plenty of parking out front. **415 Powell St., Vancouver. 604-253-0705.**

[Themackenzieroom.com](http://Themackenzieroom.com)

SARAH BANCROFT



### PER SE SOCIAL CORNER

This newly opened, 7,000 square foot open concept authentic Italian pizza spot is more than meets the eye. Yes, it has an incredible gold-tiled pizza oven, huge, high ceilings, can seat up to 250 people and mouthwatering pizza, but it's also three places in one, with an Illy coffee shop and bakery, **Water + Flour** pizzeria, and **Rosalinda Spanish Bar** all under one roof. Each masters in its own speciality, but we'd be more than content with just the pie (with a hefty sprig of basil as garnish, the margherita was the best we've ever had). The relaxed-yet-buzzing atmosphere scores major points with us, too—think a much larger Parlour, but with lounge music and a diverse, unassuming crowd. The perfect spot for dinner and couple of drinks with a laid back vibe. **891 Homer St., Vancouver. 604-428-6111.**

ALEEZA KHAN



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# HOME



WE'RE TAKING SPRING DÉCOR CUES FROM HGTV HOME EXPERT **SAMANTHA PYNN**, AND HER EXCLUSIVE NEW LINE FOR SIMONS.



LEO ACCENT PILLOW, \$60

## Spring Awakening

### COLOUR LOVE

For 2016 pale pinks and jewel tones are hot! Have fun with colour, but bring in solids or neutrals (like Samantha Pynn for Simons Maison Solid Accent Pillows, below) to keep your space from looking like a carnival.

### PATTERN PLAY

Pairing disparate patterns like geometrics with chinoiserie is big these days. Tie the look together with one unifying colour in slightly different shades.

### GALLERY CHIC

Decorating with art doesn't have to mean hanging a giant painting in your living room; it can be as simple as blowing up your own travel photos and displaying them in gorgeous frames.



SOLID ACCENT PILLOWS, FROM \$35



SOLID ACCENT PILLOWS



PAINT STORM ACCENT PILLOW, \$75



MINI HERRINGBONE THROW, \$95



### LIGHT RIGHT

Spring decorating is all about brightening up your abode with fixtures, sconces and oversized table lamps in unique shapes. How big is too big? Pick a piece that's about one-third the size of your table or island.

### SIMPLICITY

There's a definite movement toward clean lines and clutter-free surfaces that have added texture (think wood, linen, sisal, wool and woven fabrics) to prevent a space from looking cold or austere. Nailing this look is all about using fabrics in the same colour family—different shades of grey, flax, soft pink and/or blues, as in Samantha Pynn for Simons Maison bedding, above.



LATTICE THROW, \$95



SUSUKI GRASS ACCENT PILLOW, \$75

CHECK OUT PYNN'S HOME COLLECTION AT [SIMONS.CA](http://SIMONS.CA)



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# SPRING. ALL TOGETHER.

From Monika's studded Valentino jacket, to Blair Junior's styling Wooyoungmi shirt, get inspired by what our featured customers and Holt Icon Privileges members are jumping into for spring, all in-store.

**HOLT RENFREW**

[HoltRenfrew.com/SpringAllTogether](https://HoltRenfrew.com/SpringAllTogether)  
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