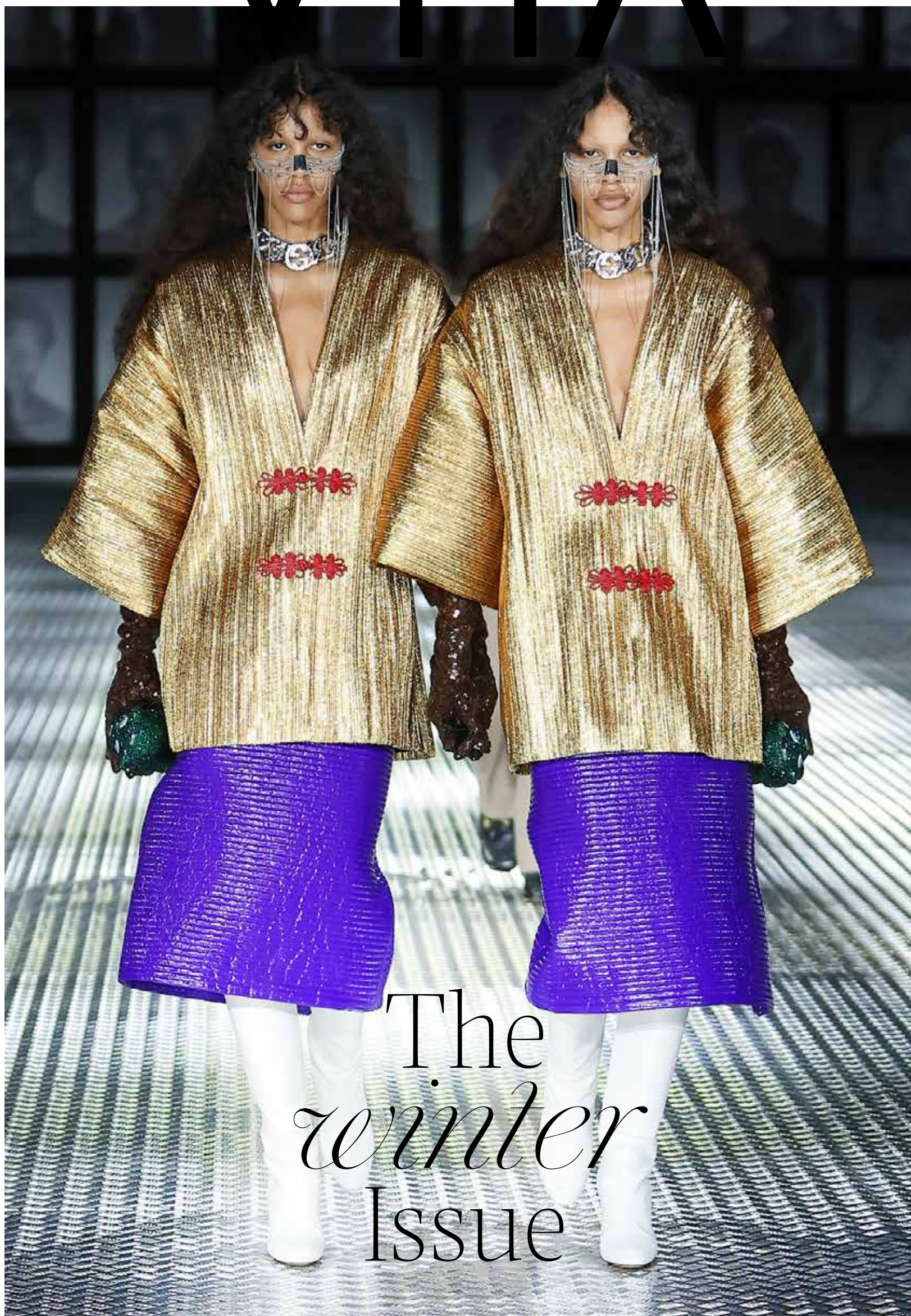


Lifestyle content you care about from *Vitadaily.ca*

VITA



INSIDE *the* ISSUE

STYLE When it comes to *glorious* holiday gifts, go for gold

FASHION Run the gauntlet *in* gloves that are long, *dramatic* and statement making

BEAUTY **Andie MacDowell** is 64, *stunning*, and *more confident* than ever

SIPS Looking forward to *many* special sipping occasions *in* 2023

TRAVEL Discover the *new* Club Med Magna Marbella *in* Andalusia, Spain

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STYLE

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CITIZEN

BETTER STARTS NOW



Editor's DESK

A Note From Noa

Yes, you are seeing double! Our cover this month features one of the incredible looks from Gucci's Twinsburg Collection, for which creative director Alessandro Michele recruited 68 sets of twins to walk the runway. He drew his inspiration from his own upbringing; his mother was an identical twin. "I am a son of two mothers: mum Eralda and mum Giuliana. Two extraordinary women who made their twinship the ultimate seal of their existence. They lived in the same body. They dressed and combed their hair in the same way. They were magically mirrored. One multiplied the other. That was my world, perfectly double and doubled." Michele derived true joy from this reality, and we hope you feel the same reading this issue of VITA.

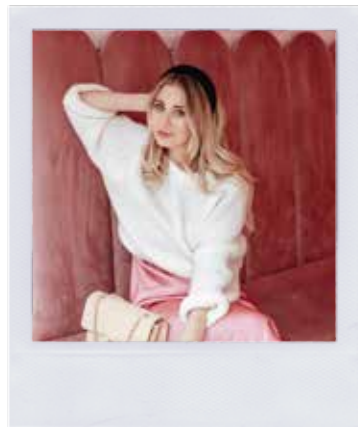
Noa Nichol EDITOR-IN-CHIEF



Our featured influencer this month is Joëlle Anello, a Toronto-based bon vivant who has been sharing her life online since her blog, La Petite Noob's, inception in 2013.

Joëlle Anello

@JOELLEANELLO



Hi Joëlle! Tell us a bit about yourself.
As an Ottawa native, I've always felt the draw of a big city lifestyle and all of the variety that comes along with it. When the opportunity presented itself to live and work in Toronto I barely had to think twice before schlepping my stuff, my



Chihuahua, my man-friend and myself to settle into Old Town. Fast-forward to present day where we've added a little guy to the family, our son Benny, and have moved to a house in Leslieville. I'm glad that we were able to stay in the city, and have been having the best time discovering a new neighbourhood and renovating our builder-basic house.

How do you use your platform to impact those who follow you?

I try to use my platform to show my life authentically as it happens, both the good and bad. I've had my blog since 2013 and my audience has seen the evolution from different career paths, life changes and, most recently, trying to navigate new motherhood in a pandemic. Although I live a simple life, my goal has always been to lean into what makes me different to hopefully provide some solidarity to someone going through a similar situation.

Whether it's making a huge career change in your 30s, waiting until I'm older to have children or potentially only having one child, it's all out there and being shared!

What's your personal style?

My personal style has always been rooted in keeping it simple. I've been a small-space city dweller for the past two decades, so closet space has always been hard to come by. As a result, I've learned to adapt a less-is-more philosophy and choose pieces I know will last me a long time and have huge versatility. I don't believe in a seasonal wardrobe (nor do I have the space for one) so you'll see me wearing my summer dresses well into the winter with a sweater and tights, and using my winter sweaters as light jackets in the warmer weather. And always with a touch of pink! The same philosophy goes for my beauty routine. I have been known to use the same lineup of products for years and always use up the products that I have before trying



another. Less clutter and less waste! I think this is one of the secrets to a simpler, happier life. (The only thing I take a more-is-more approach to is beauty treatments. I'm a spa girl and am always down to try any treatment at least once!)

Are you a holly jolly junkie?

Admittedly, I used to be a bit of a holiday scrooge ... until I had my son. Now being able to experience the magic of the holidays through his eyes has completely changed my tune and I can't get enough! My son's holiday excitement has given me a new lens, and I get giddy when we see the first signs of Christmas! Some of my favourite Toronto holiday activities are catching the tree-lighting ceremony at the Fairmont Royal York, as well as sipping a festive cocktail at their over-the-top holiday bar The Thirsty Elf. The Distillery Winter Village is also a must in Toronto during the holiday season, and I love how it's fun for the whole family. We're also very lucky to have an abundance of green space in Toronto, compared to other major cities, so tobogganing and using our many outdoor skating rinks are a holiday must—and free!

Christmas wish time: what is at the very top of your personal gift list?

After the last few years, I've learned the power of gratitude and how important it is to appreciate what we have. I feel so thankful with all of life's blessings. But, if someone wanted to toss in a day at the Miraj Hammam Spa, I wouldn't say no! V

THE MAKING OF THE Winter Issue

No. 05 ————— 2022

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Gilded Gifts

This holiday season, *go for gold*



1. **BP. VELOUR CROP SWEATSHIRT, \$45** Soft, supple velour gives a cosy feel to this cropped sweatshirt. [Nordstrom.ca](#)

2. **BANG & OLUFSEN BEOPLAY H95 ULTIMATE OVER-EAR HEADPHONES, \$1,199** Moving, masterful, mesmerising. Get lost in the music with adjustable noise-cancelling headphones that redefine grab-and-go listening. [Bang-olufsen.com](#)

3. **CHANEL N°5 THE GOLD BODY OIL, \$120** A shimmering oil whose voluptuous, sensorial formula enhances skin with a satiny veil, enveloping your body in the sensual notes of N°5. [Chanel.com](#)

4. **KÉRASTASE ELIXIR ULTIME ORIGINAL HAIR OIL, FROM \$42** The iconic shine-enhancing hair oil for long-lasting frizz protection leaves a fragrant halo for up to 24 hours. [Kerastase.ca](#)

5. **MAC FIZZY FEELS LIP BALM, \$30** A holiday exclusive hydrating lip balm with a smooth, lightweight texture, pearlescent sparkle and a pH-reactive formula. The hue: Taste for Bubbles. [Maccosmetics.ca](#)

6. **TWEEZERMAN ULTRA PRECISION POINT TWEEZER, \$47** Ideal for short tricky stubble, ingrown hairs and baby-fine strays, this is an essential tool toward brow perfection. [Tweezerman.ca](#)

7. **TIFFANY HARDWEAR WRAP BRACELET, \$13,300.00** This bold bracelet is a modern interpretation of an archival design from 1971, in 18-karat gold. [Tiffany.ca](#)

8. **VITRUVI X MEJURI MOVE ESSENTIAL OIL DIFFUSER, \$182** Portable beauty. This collaborative diffuser is cordless, allowing you to scent every corner of your home. Try with the special Séjour essential oil blend: it smells like gold earrings and a good book. [Vitrivi.ca / Mejuri.com](#)

9. **LOUIS VUITTON SPARKLE PUMP** Distinguished by its pointed toe and flared heel, silver-tone metal details further elevate this elegant model that is available in leather, suede and sequin styles. [Ca.louisvuitton.com](#)

10. **FABLE FLATWARE SET, \$310** This golden stainless-steel set elegantly serves four and will stay rust and stain-free years of holiday meals to come. [Fable.com](#)

11. **BANANA REPUBLIC RAGGIERA PLEATED DRESS, \$330** Glistening with feminine appeal—a corset-style waist, a leg slit and sunburst pleating—this radiant maxi dress is a sight to behold. Crafted from a lightweight georgette fabric with lustrous gold foil, every pleat of the dramatic, sweeping skirt catches light when in motion. [Bananarepublic.ca](#)

12. **BOTTEGA GOLD, \$35** Compeiment any holiday feast with this fresh, crisp prosecco with floral and fruity notes of citrus and peach. [Bottegaspa.com](#)

13. **DYSON SUPERSONIC HAIR DRYER 23.75K, \$600** Five styling attachments (including the new flyaway attachment), intelligent heat control and a powerful Dyson digital motor in an exclusive blue/gold colourway? Yes, please! [Dysoncanada.ca](#)

14. **BULOVA MILLENNIA, \$796** This stunning watch features a mother-of-pearl dial with gold-tone accents and is set with four sparkling diamonds. [Bulova.com](#)

15. **DIOR PRESTIGE LA CRÈME TEXTURE ESSENTIELLE, \$180** This anti-aging face moisturizer and intensive repairing cream, made with 88 rose molecules, rose sap and peptides, helps rebuild the structure and function of younger skin. [Thebay.com](#)

16. **RUDSAK MABS WOMEN'S NEO-PRENE & LIGHT DOWN JACKET, \$475** Ideal for mild days and layering in colder temps, this jacket, in a rose-gold hue called Toffee, is insulated with a high-loft blend of RDS-certified down and comes with a removable hood. [Rudsak.com](#)

17. **FURLA 1927 MINI CROSSBODY BAG IN TONI CHAMPAGNE, \$328** Available in stores in December, The Furla 1927 line is animated with bold colours, Golden Ares and Paillettes that add a "special event" touch. [Furla.com](#)

Hot Shops

Toronto's latest and greatest openings

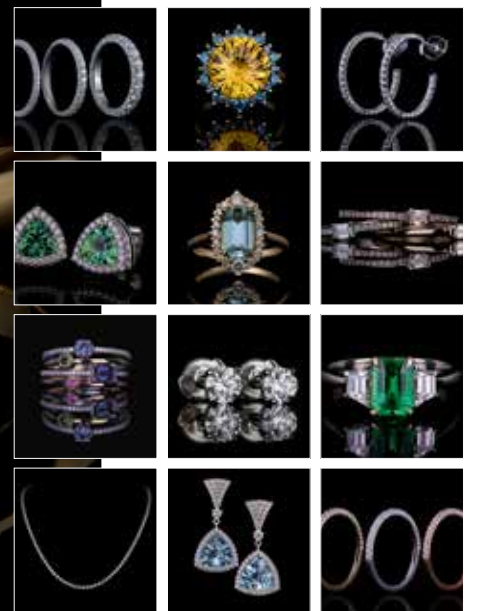
ATELIER DACKO

For those wondering how a piece of jewelry is made—where the gems and precious metals are sourced, how it is designed—Atelier Dacko is pulling back the curtain on how their timeless, heirloom-quality pieces are created.

“Collaboration is our biggest differentiator,” says Patrick Dacko, jeweler and owner of the Toronto-based studio. “We work with our clients. We create with our clients. We give them insight into the design and sourcing process so they’re as involved, or not involved, as they want to be.” That spirit of collaboration is especially important in their custom designs, as well as the redesign work they do on heirloom pieces in need of TLC—or a complete revamp.

Seven years ago, Patrick and his partner, Anna, decided to follow their passions, flex their creative muscles, and ultimately work for themselves. Patrick says that it didn’t take long before he found himself sourcing stones and creating one-of-a-kind pieces. Looking back on the early days, he recalls that he “realized very quickly that custom work was the niche I wanted my own business to focus on.”

Turns out, it was a niche that needed to be filled. “Clients have come to us with stories of experiences where they felt like it was a game of broken telephone,” he says. “They worked with a sales associate who relayed information to the owner, manager. Who then related it to an outsourced workshop, only to have the customer frustrated that they didn’t feel heard, and their vision misunderstood.” When commissioning a piece



of jewelry at Atelier Dacko, the process begins and ends with either Patrick or Anna—from initial consultation and design to the final creation.

The mindfulness and transparency they bring to the collaboration process also goes into the precious stones they source. Gemstones are sourced ethically, and diamonds follow the Kimberley Process, an international effort that stems the flow of conflict diamonds. As Patrick points out, reusing stones is also a powerful step in mitigating their social and environmental impact. “We love the redesign projects, because of the circu-

larity potential,” he says.

But nothing holds more potential than a small package—especially when it’s gift-wrapped. At the top of Patrick’s holiday gift-giving recommendations: a solitaire floating pendant. “Whether it’s a classic diamond or a gemstone, it brings a pop to an outfit and it’s timeless. He also suggests stud earrings and stacker bands, because “they’re pieces that can be dressed up or worn casually every day.”

Of course, there’s always the gift of what Atelier Dacko does best—the gift of creating a custom piece with your loved one. “Ultimately, the end result is a beau-

tiful representation of who they are, and something they can keep with them, wear and cherish every day,” he says.

Jewelry connects us—to a gift-giver, friend or relative. These days, Atelier Dacko forms connections with their customers, all in the name of creating that perfect piece. They may be dispelling some of the jewelry-making mystery, but the allure is still there. After all, it’s not just the stunning solitaire or band that lasts forever, but the memories made while it was being created. #201 - 107 Church St., 647-983-8781. Atelierdacko.com JILL VON SPRECKEN

FENDI

Fendi’s first standalone Canadian boutique opened at Yorkdale this fall, the façade of which features the Fendi FF logo in off-white plaster. Inside, the near-2,000-square-foot space is draped in velvet curtains and decorated with plush textures and curvilinear furnishings. It’s a luxurious, welcoming space where you can discover and shop a broader selection of the brand’s men’s and women’s ready-to-wear, accessories, leather goods and footwear ranges. Unit 231 - 3401 Dufferin St., 437-241-6184. Fendi.com TRUC NGUYEN



LAFAYETTE 148

Lafayette 148’s new Yorkville digs mark its very first Canadian address. Founded in New York’s SoHo neighbourhood in 1996, the women-led fashion brand offers modern, luxurious designs in straight and plus sizes that are at once stylish and imminently wearable. Fall collection highlights include a hand-knit cashmere-mohair wool sweater and a coral-red shearling heeled mule that’s sure to be the talk of the town. At the gallery-like Bloor Street boutique, you’ll find the label’s complete ready-to-wear, footwear, handbag, jewelry, and accessory ranges. Oh, and if you need some help finding just the right thing, know that the store offers in-store and virtual private styling appointments. 130 Bloor St. West, 647-932-5637. Lafayette148ny.com TRUC NGUYEN

ALO YOGA

The American activewear brand, favoured by celebs like Hailey Bieber and Taylor Swift, opened its first international store in Toronto earlier this fall, at the northwest corner of Bay and Bloor Streets. Within this airy flagship, find a wide selection of women’s and men’s apparel and accessories, Alo Beauty products, and—of course—a selection of yoga gear and wellness essentials. Try on a cute cropped puffer, or stock up on basics like wireless bras and bike shorts. The Los Angeles-based label also plans to host community-focused and consumer events at the boutique year-round, a company rep says. 60 Bloor St. West, 437-291-0380. Aloyoga.com TRUC NGUYEN



Squalane Squad

How one superstar ingredient is changing the skincare game

If you didn’t realize October 14 was special, you’re forgiven; after all, 2022 marked the very first annual National Squalane Day in Canada, championed by beauty brand Biossance. Meant to laud not only the amazing power of superstar squalane, the occasion was also an opportunity to understand how the use of sustainable-yet-efficacious ingredients can lead the way to a brighter future.

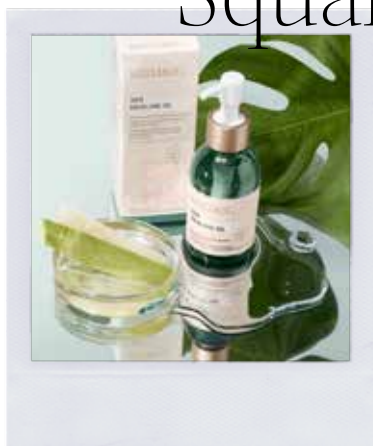
If you aren’t already familiar, Biossance

uses squalane as the heart of every one of its formulas. What makes squalane so impressive is the molecule’s ability to weightlessly absorb into the skin and provide hydration, because it is bioidentical in composition to the moisture that naturally occurs in human skin.

Not only that, this powerhouse ingredient represents a larger shift in the beauty industry toward more ethical and earth-friendly practices. For generations, beauty products often contained squalene derived from shark livers, killing millions of sharks each year. Today, through this plant-derived alternative, Biossance’s use of squalane saves almost 2 million sharks per year. Biossance also continues to pay

it forward by selling its squalane back to its competitors, so we can all move forward to a more ethical, sustainable future for skin care.

Among our favourite squalane-infused products from Biossance are its 100% Squalane Oil (use it head to toe!), smoothing and brightening Squalane + Vitamin C Rose Oil, rich and plumping Squalane + Omega Repair Cream, and fine line-diminishing Squalane + Marine Algae Eye Cream. Also, this month, be on the lookout for Biossance’s latest launch, Squalane + Retinol Night Serum—a retinol plus retinal time-release formula that works even on sensitive skin thanks, in part, to squalane. Talk about a skin superstar! Sephora.ca



Silver Siren

Andie MacDowell is 64, stunning, and *more confident* than ever

BY AILEEN LALOR

It's mid-afternoon in Paris on a Sunday in early October when Andie MacDowell, an icon of my 1990s youth, joins our online chat. It's Fashion Week, and just hours later, she'll walk the runway for L'Oréal Paris, the brand she's worked with for decades, at the École militaire. The 270-year-old military complex is a French national monument, and MacDowell says it's never been used for an event like this before. "It's an honour to be here and get to walk with all the beautiful spokes-people and models. It's an honour to get to be in Paris," she says. "It's going to be a full-on event—very theatrical. My dress is very much an elaborate display of fashion. So, it's nice because it's not a super-serious event." It does have a serious message, however: the event is in partnership with Right To Be, a non-profit with the goal of ending street harassment.

MacDowell started her career as a model in the 1970s but says it's a long time since she's walked for a designer. "A lot of times [the models] walk down serious and stone-faced. They look angry almost. It's much more relaxed with L'Oréal. It's about being who you are and authentic to yourself—a little less pressure that way."

That's an idea that resonates deeply with MacDowell: being who you are. She says she's always been contemplative—a deep thinker—and, when she was younger, she thought a lot about who she would like to be in later life. "I used to look for women all the time and say, 'That's what I want to do,'" she says. "It could be someone at an airport. I would look over her and just think, 'That's it.' There was an essence of ... creativity to her, maybe. I hate using the word acceptance, but I can't think of a better one. Embracing. Comfortable. But glamorous at the same time."

Often these women would have silver hair, just as MacDowell has had since 2021, when she ditched the dye. "I think I feel more comfortable now with silver hair. It's not that it's for everybody, but it's what I've always wanted, and it was time for me to embrace this dream of who I was going to be as a mature woman," she explains. "It's like how I looked at my grandmother. To me, she was a very strong person. She wasn't a weak, frail person. Yet she was not ashamed of her age. That's who I want to be. I have no problem with where I am at this time in my life."

In fact, says MacDowell, the only sad thing she sees in growing older is the sense that time is running out. "But on that note, there is no time to waste feeling less than and not worthy, because you cannot waste a day not enjoying who you are and the skin you're in."

MacDowell has worked steadily for more than 40 years, but the last few years she's been on a career high, with critically acclaimed performances in movies like *Love After Love* and *Ready or Not*, and Netflix show *Maid*, where she costarred alongside her daughter Margaret Qualley and was Golden Globe nominated. "I do find myself more confident now," she says. "I feel more useful as well. I've lost count of how many [projects] I've done but it's well over 100. It's a long time. Sometimes I'll sit and watch things and see problems and I don't speak up because it's not my position. But sometimes I just can't help myself. I can see things because I know."



"I do like makeup—I wish I was better at putting it on myself. I am really not great! *Especially* when you work with artists that are gifted and talented in that way. I can't do what they do. But I enjoy it, particularly doing stuff with my eyes, playing with the *colour of my eyes*, and *my lips*. Most of the time I'll stay with *natural lips* that are close to my colour, but intensify them. I do like a red lip. I like a red lip with no makeup. It looks very French. Very chic"

I tell her it's inspiring to find someone so comfortable and confident in her 60s—someone who refuses to be dismissed. "I think I do have to sometimes fight the idea of what it is to be older. Especially if someone else is writing the material and they're younger and have no idea," she says. "I talk to my mature friends. We don't sit round and look in the mirror ... you can't be obsessing with the way you look. What you need to obsess over is how you feel. People will project things onto people in their 60s that are not our reality. It's all a projection. We don't feel old."

A couple of hours later, MacDowell is on the runway in a dress that is theatrical, dramatic and exuberant. Makeup artist Val Garland has created a dramatic look with silver liner. And MacDowell's corkscrew curls are big and wild. She's dancing, proud to represent this great French brand that she's worked with since 1986. And proud to be doing so in this grand and historic French complex. A national treasure, walking for a national treasure, in a national treasure. What could be more inspiring than that? ▽



A Lipstick is *Not* a YES

Eighty per cent of women have experienced sexual harassment in public spaces, according to an international survey by L'Oréal Paris. That's why the brand has launched a limited-edition lipstick in the shade A Lipstick is Not a Yes. All of the proceeds from sales will go to non-profit Right To Be, which trains people in how to deal with street harassment. The bold red lip is available at Shoppers Drug Mart, London Drugs and Rexall. You can also take a 10-minute digital training session against street harassment via the Stand Up website, which is supported by L'Oréal Paris and Right To Be. Standup-international.com

All Together Now

Three ways the beauty industry is embracing inclusivity

BY EMILY MACCULLOCH
& INGRIE WILLIAMS

If there's one thing we believe to our core, it's that everyone deserves to see themselves in the beauty world, and making space for that means expanding the notion of the term "beauty" itself. Certainly, there's plenty of room for improvement (no debate there), but here are three ways we're happy to see the industry embracing inclusivity.

Melanin Wins

Beyond brands offering a wider range of foundation shades (case in point: Estée Lauder's range of 55 hues), the next chapter of shade inclusivity is amplifying BIPOC expertise and experiences behind-the-scenes to create products informed by a diverse POV. One stellar win is a nude nail polish collection curated for all skin tones, the result of a collaboration between Essie and Toronto's Révolutionnaire. Co-founded by sisters Nia and Justice Faith, Révolutionnaire started with a mission to revolutionize "nude" dance apparel and has grown to include a social network of Gen Z changemakers. Likewise, Smashbox recently tapped into company talent to launch a lipstick, called Be Legendary, made by three women of colour for people of colour. The deep-red hue, perfected for melanin-rich skin by a chemist, makeup artist and product developer, goes well beyond lip service.

Mobility & More

The act of painting on a bright lip or brushing your hair is something many take for granted; in fact, it can prove challenging or impossible for those with limited mobility or impairments. Finally, the beauty biz is starting to catch up, thanks to a few brands creating inclusive products that make primping possible for everybody. Guide Beauty—run by Terri Bryant, who has Parkinson's, and Selma Blair, who has multiple sclero-



sis—is a line of universally designed cosmetics and tools that opens the door for people of varied mobilities and skill to get precise applications of notoriously tricky products like gel eyeliner. For those who are visually impaired, Pharrell Williams' Humanrace skincare line (available at TheDetoxMarket.ca) is designed with Braille-printed accessible labels. In the world of haircare, the Manta healthy hairbrush (\$42) not only

helps minimize breakage while gliding through tangled tresses, but its unique, lightweight and flexible design makes it easier for people with limited strength, dexterity and motor skills to use, compared to a traditional brush.

Ditching Gender Roles

Another piece in the inclusivity puzzle is genderless designs. Whether it's skincare that doesn't conform to

traditional gender roles or makeup that's formulated for every face, many brands are tossing aside the limiting idea that products should be made with only one type of person in mind. A perfect example is The Body Shop's new vitamin C concealer (\$18). During the user-trial period for the makeup multi-tasker, the brand included male and transgender candidates in the panel to ensure the coverage performed for all needs, concealing beard shadow along with blemishes and under-eye circles. While more brands are getting on board with genderless makeup, skincare lines like Malin+Goetz were early trailblazers of the movement. Their grapefruit face cleanser (\$50 at Nordstrom) has been a best seller since 2004. v

SPF 365



Just cause summer's a wrap, doesn't mean you can slack off on your daily dose of sunscreen; UVA rays can damage your skin year-round. Two nourishing formulas we'll be reaching for this winter: Nudestix Nudescreen Daily Mineral Veil SPF 30 (\$40 at Nudestix.ca) and Black Girl Sunscreen SPF 30 (\$25 at Formulafig.com).

GET READY TO Celebrate

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Beauty tools for everyone on your Holiday shopping list!

The Gloves Are On

This season, run the gauntlet in gloves that are long, dramatic and statement making

BY AILEEN LALOR

Do you still think of gloves as a thing to keep your hands warm in winter? Sweet summer child! This season they've been promoted from practical accessory to fashion statement. Fendi took your standard woolly warmers and brought them up to the elbow. At Dior, they were in leather, inspired by motorsports. At Balenciaga and Valentino, opera gloves grazed the armpits. And at Schiaparelli ... well, Edward Scissorhands, eat your heart out (if you can pick up the knife and fork with those things).

Fashion stylist and cultural commentator Steven Schelling says it's not entirely unexpected, since the forearm has been a fashion focal point for a while—think stacked bangles and dramatic sleeves. The success of *Bridgerton* may also play a part, though Schelling says it's not like Team Shonda invented the opera glove. "I seem to remember a certain Michelle Obama wearing an ivory Tom Ford halter gown with matching opera gloves to a 2011 state dinner at Buckingham Palace," he says. "And it's practically impossible to conjure up an image of 1961's *Breakfast at Tiffany's*-era Audrey Hepburn in your mind without her iconic black gloves [and cigarette holder]."



PHOTO: SCHIAPARELLI FALL 2022 READY-TOWEAR



The Watch List

Wondering what's on (the tube, that is) this season? Tune into this watch-worthy list of original content from Roku, Canada's #1 streaming platform, and take the guesswork out of channel surfing.

MARTHA HOLIDAYS:

Elevating the everyday has never been easier with the help of Martha Stewart. Get ready for the best holiday decorating tips, gift ideas, crafts and foods.



FOUR CHRISTMASES: Starring Vince Vaughn and Reese Witherspoon, Brad and Kate are in need for an exit plan when they find themselves unable to escape Christmas with each of their divorced parents. A silent night will be impossible with these crazy families!

BAD SANTA: Santa and his elf have been stealing Christmas for a while and no one noticed, until now. Watch as this conman and his partner fail to be naughty this year as a kid teaches them a lesson.



CHRISTMAS WITH THE KRANKS: Empty nesters Luther and Nora are ready to skip the holidays this year and jump on a cruise. But when daughter Blair calls to say she will be paying a visit with her new fiancée, the trip gets paused. Now Luther and Nora have less than 12 hours to put together the best Christmas celebration with the help of their neighbours.

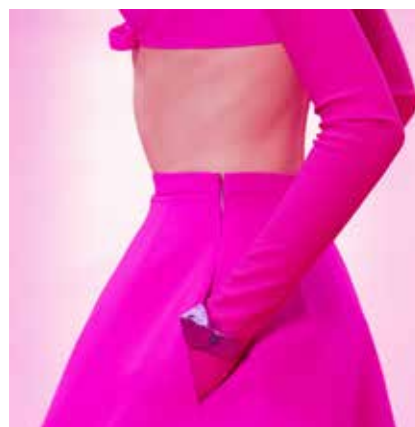
ARTHUR CHRISTMAS: Every year, Santa and his helpers have the mission to deliver gifts to every child in the world. But when he misses one kid, Santa gives his youngest son, Arthur, an impossible task; to deliver the present before Christmas morning dawns.



Roku

Stay caught up on all your favourite streaming services and get access to Live TV, Roku Originals and tons of free content. Roku has a lineup of products that are simple to use and easy to love. Learn more at [Roku.ca](https://www.roku.com).

"I seem to remember a certain Michelle Obama wearing an ivory Tom Ford halter gown with matching opera gloves to a 2011 state dinner at Buckingham Palace"



Aside from *Bridgerton*, there's also some post-Covid caution—who these days wants to go around opening elevator doors with nude hands? When it comes to the leather and corset-inspired gloves we've seen at Schiaparelli and Gucci, there's more than a hint of kink at play as well.

So how do we style modern mitts? Satin opera gloves look stunning and dramatic when perfectly matched to an evening gown—and they cover your arms and keep them warm if you're wearing a sleeveless frock. Cashmere gloves are practical and luxurious, and mean you can wear your favourite tees into fall, without having to ruin your look with a sweater. Leather gloves are classic and versatile. And the *Edward Scissorhands* gloves will come in handy if you need a haircut or have a little topiary to do.

Designer gloves might set you back \$1,500 or so, which is a far cry short of a garment or bag. It's also easy enough to find fashion-forward gloves on the high street, with stores like Zara and H&M offering many different styles. If you don't want to splash out on a cashmere sweater or leather jacket, you can pick up a pair of gloves from Aritzia or Canada Goose and get the look, without the price tag.

Schelling says our current glove love might have interesting political roots. "If we wanted to do a deep zeitgeisty-dive, we might want to look at the last era where opera gloves were a necessity for any truly fashionable lady. The Gilded Age—think Rose Dewitt Bukater [Kate Winslet] offering her white-gloved hand to an enraptured Jack [Leonardo DiCaprio] in *Titanic*," he says. In fact, Gilded Glamour was the theme of this year's Met Gala, at which stars like Blake Lively, Olivia Rodrigo and Bella Hadid wore opera gloves.

The Gilded Age stretched from the U.S. Civil War to WWI. "It was a period of social and political upheaval, ever-growing wealth disparity, an almost religious reverence for wealthy robber barons," Schelling says. Alongside that, there was the rising workers' rights movement that followed decades of unbridled capitalism. Sound familiar?

What next for the opera glove? Schelling has a theory. "I'm not saying they're the last gasp of a corrupt ruling class before everything they built with their own hubris sinks into the depths beneath them but, if the glove fits ... " V

Watch to Wear

Fashion journalist Eli Gomez Garcia teaches us how to up our time game with a watch for every occasion, including her favourite piece from Accutron

BY NOA NICHOL

Hi Eli! Please tell us a bit about yourself to start.

I'm a fashion journalist born in Colombia and living in Montreal. I'm passionate about fashion and love travelling. My journalism and fashion marketing background is what brought me to start my blog back in 2011. Since then I've been sharing fashion tips and my experiences at the most prominent fashion weeks around the world.

With smartwatch users on the rise, why do you still love wearing, and styling, a traditional watch?

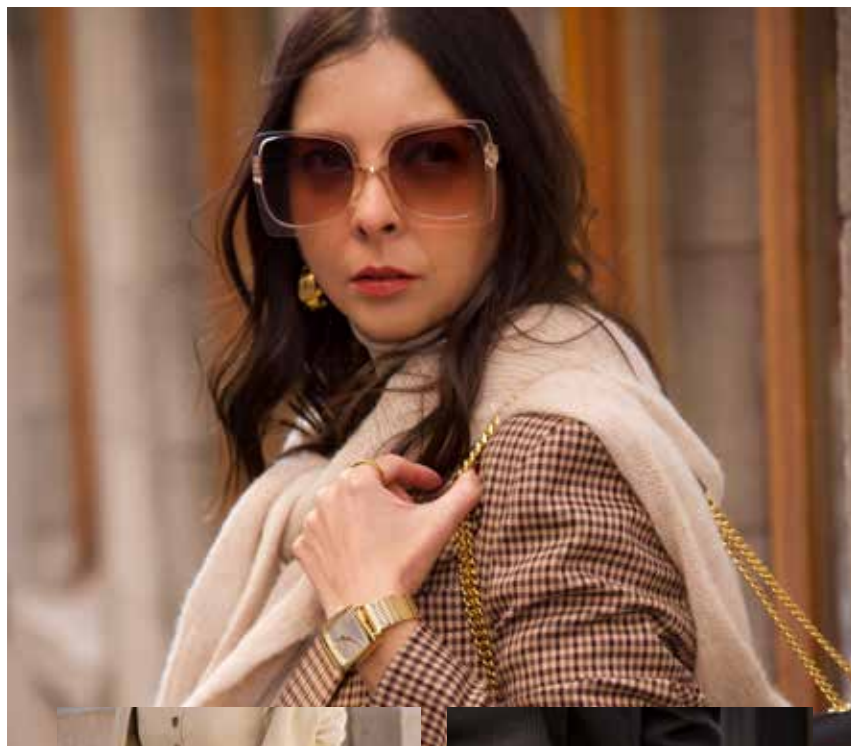
There's something very special about a traditional watch; I find them to be elegant and their designs to be unique and timeless. In addition, we're seeing a tendency to take breaks from technology every once in while, so why do we need more distractions on our wrists? I love wearing and styling traditional watches because they have this intrinsic vintage feeling that's so in vogue these days—and, you know a watch is a fashion statement!

What sorts of details (design and otherwise) do you look for in a watch?

I love minimalism. I want my watch to be easy to manipulate. For me, the beauty of a traditional watch is that all the components tend to be harmonic and well integrated. I don't want my watch to be heavy; I want it to be comfortable to wear. I want to feel that my watch rests easily on my wrist.

What are some of your top wristwatch styling tips? Do you switch up your watches to match your outfits, and to suit occasions?

First, try to match your watch to your outfit. My wardrobe is primary neutrals,



therefore I have a tendency to buy watches with white or black dials so it's easier for me to match them with my clothes. But if you have different colours in your closet, you should determine what one you wear most often and look for a watch face that will match it. Second, think straps. For many watches you can acquire different straps. You can add a variety of colours or change the material. For exam-

ple, I often wear leather straps with casual outfits and I metal ones with more elegant fits for fancier occasions. Don't forget that a watch will definitely turn heads!

Do you have a favourite watch to wear on the daily? Do you find that a daily wear watch can elevate an "ordinary" outfit? If so, how?

I believe that accessories can elevate

any outfit and that watches in particular have the power to do exactly that. A go-to watch is definitely something that we need to think about. We live in a world that moves so fast and sometimes we lack the time to look for the ideal piece to wear, so a watch that we love and feel comfortable wearing becomes very handy under these circumstances. Bulova has many styles that could be an excellent option for a watch to wear on the daily. Bulova is always there for the modern trendy look. For instance, the Gemini is a great option. Citizen Eco-Drive also has some amazing options, like the Corso, which is great for the sustainability.

With holiday party season coming up, what are some special watches you suggest we could wear to a glitzy festive event?

You can never go wrong with a Frederique Constant piece, like the Classics Art Deco Carré, for luxury, elegance and a very feminine look. You won't go unnoticed!

For New Year's Eve, we're thinking sparkle! This year, is there one shiny timepiece you have your eye on in particular to rock for the countdown?

I'll be wearing my favourite watch: the Accutron 521 Legacy Edition, available at Maison Birks. This watch is a limited-edition replica of a timepiece worn by Elvis Presley in the 1960s. Mine has a golden metal strap, but you can also buy it with different coloured straps. It's really a unique watch, not only because of its history but the classic and bold design. I wear my Accutron to all of my important events. Citizenwatch.com / Bulova.com / Accutronwatch.com / Frederiqueconstant.com

VITA X CLAIROL

Root of the Matter

Pro tips from Clairol's Carin Freidag for hair-colour touch-ups

Hi Carin! Today we're talking about root touch ups. What products does Clairol offer in this category (we count at least four online, from a permanent product to a powder to a gel and a spray)? What are the differences between them in terms of who and what they're for, and how do they work?

Yes, indeed! Clairol offers a range of products to address every person's root needs. Our permanent products include creams in a wide range of shades and tones, designed to match top-selling competitor shades. These are good for up to 100 per cent grey hair and those who use colour to lighten their hair, as well as current at-home or in-salon permanent colourers. Applied with a brush, these permanent creams take just 10 minutes to restore colour and provide 100 per cent grey coverage.

Next, Permanent by Natural Instincts, designed to match the top-selling natural gray coverage shades and perfect for people with up to 100 per cent grey hair and permanent colour users who don't want to use a colour with ammonia. Also applied with a brush, Permanent by Natural Instincts covers grey without ammonia in 20 minutes. Semi-permanently speaking, our colour blending gel—in three browns, one black, one red and one blonde—is designed to match natural hair colour. It's best for those with what we call first greys (up to 30 per cent), who are concerned with damage and nervous to use permanent product. It's a simple squeeze tube with a brush—no mixing, no ammonia—and it blends away greys and lasts 10-plus shampoos.

Finally, our temporary products: a colour-refreshing spray and a powder, both designed to match natural hair, both



suited to those who colour their hair at home or in salon, and both lasting one shampoo. The spray provides instant on-the-go coverage; the powder, applied with a brush, instantly covers roots—and can also define your eyebrows!

Do you have some pro/expert tips for usage around root touch-up products of different kinds?

My top tips: when you are about to apply either a permanent or semi-permanent product, do an allergy test 48 hours before you colour; no matter which type of root touch up you are using, start by styling your hair as you usually wear it; and start your application where you are

greyest, and then go from there. If you wear your hair up, say, to a holiday party, don't forget to apply all the way around the hairline or wherever you would, and then have a part line if your hair is half up. Remember: the temporary root touch-up products are water resistant, which means they need a shampoo to be removed. If you know you have very stubborn greys, you can leave both the permanent and the semi-permanent on an extra 10 minutes. If you have a lot of grey on your temples and hairline and want to use a temporary hair touch up, try the powder, which comes with a precision brush and a mirror in the case. And finally, don't forget about your eyebrows!

As we enter holiday party season, why are root touch-up products a festive lifesaver?

The hustle and bustle of the season can often mean less time focused on you! Root touch up is great for looking great at the last minute for a gathering or party. If you wash your hair frequently or have no time to spend at the salon, then either of the permanent root products will get you through three weeks without seeing those pesky greys. And, if you don't colour your hair yet but want to cover those first greys coming through, all of these options can be used to spot colour. If you are a bit hesitant, start with the temporary versions. Clairol.ca

¡Ándale Ándale!

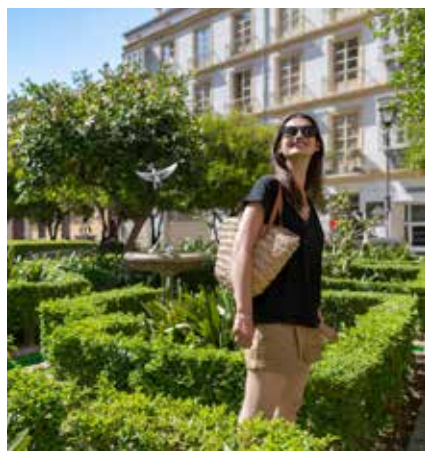
Find poolside bliss and the sporting life at the new Club Med Magna Marbella in Andalusia, Spain

BY TRUC NGUYEN

The Costa del Sol region in southern Spain typically gets more than 320 days of sunshine each year, with pleasant weather year-round. In the heart of the area you'll find Marbella, a longtime holiday hot spot where the average annual temperature hovers around 18.5 C. Earlier this fall, we headed to the beautiful coastal city to experience Club Med's newest European resort—and discover the surrounding region's stunning landscapes and many historic sites. Clubmed.ca

STAY + PLAY

The very first Club Med resort in Spain welcomed guests in 1950, and the opening of the all-inclusive Club Med Magna Marbella last May marks the company's return to the country after a two-decade hiatus. The verdant 35-acre property offers 485 guestrooms of varying sizes with scenic views of the Mediterranean Sea and the Sierra Blanca mountains. It's an eco-minded resort that's working on its Green Globe certification: there are paper cups and straws and minimal single-use plastics, solar panels for water heating and plans to collect rainwater for the garden. The closest beach is a 10-minute drive away, but we were happy to spend our afternoons swimming and sunbathing at the resort's multiple freshwater pools—a favourite was the heated indoor-outdoor pool located next to the spa, although the Zen infinity pool is a must if you're looking for an adults-only dip. As with all Club Med resorts, there is a plethora of athletic and fun activities for all ages, from group fitness classes to archery and flying trapeze lessons.



SHOP + TALK

Beyond the shops in old town Marbella—highlights include well-priced accessories at Chic Vintage and gourmet gifts at D-Oliva—you'll find boutiques from luxury fashion houses like Hermès, Tom Ford and Louis Vuitton at the nearby port and marina of Puerto Banús. Slightly further afield, fashion lovers might want to make the trip to the McArthurGlen Designer Outlet Málaga for some retail therapy at Prada, Moncler and Roberto Cavalli—though a new suitcase may be required to haul your bounty home.

SEE + DO

There's a lot to do onsite. Set aside some time for a spa visit—we had a relaxing back massage followed by a visit to the hammam and sauna—and check the Club Med app for special activities taking place during your stay. We indulged in a tie-dyeing workshop, and there were wine-tasting and face-painting events that same week. When you're ready to explore off-property, a trip to Marbella's charming old town is a must. A 20-minute walk from the resort, you'll find winding cobblestone roads, historic buildings, lively cafés and a host of small boutiques. Near the city centre there are multiple waterfront beach clubs, and weekly handicraft and street markets to explore. Another nearby must-see is Ronda, a historic town and Andalusian Natural Monument. Take in the spectacular vistas, tour the oldest bullring in the country and shop for local souvenirs on the main street, Carrera Espinel.



EAT + DRINK

The two restaurants at Magna Marbella, Suenos and Tierra Gourmet Lounge, offer buffet and à la carte dining options, respectively. The menus feature regional specialities like paella and tapas, and plenty of local ingredients including fresh seafood and Spanish ham. There are three bars at the resort, each offering a range of classic mixed drinks and some tasty alcohol-free cocktails. At the main Rouge Bar, you can listen to live music and enjoy tapas in the early evening before heading to dinner—it's the perfect spot to chat and relax with your travel companions, or make new friends. V



A Better Away

BY NOA NICHOL

Stylish travel is oh-so-close at hand. Away has released the second round of its multi-year Designer Collection—a collaboration program in which designers around the world outfit some of the travel brand's core products for exclusive, limited-edition ranges. This time the partnership was with Alejandro Gómez Palomo, Patric DiCaprio and Ashish Gupta, of fashion labels Palomo Spain, Vaquera and Ashish, respectively; each was tasked with putting their stamp on two of Away's core silhouettes: the best-selling Bigger Carry-On and style-setting Sling Bag. For his design, Palomo chose a striking black-and-yellow laminate floral print: "I wanted to incorporate the Spanish DNA of our brand, so we utilized our signature florals [to create] a set of luggage that diverges from the idea of a simple monochromatic dark suitcase and instead is bright, colourful, optimistic and chic." Joy was the inspiration for London, U.K.-based Gupta, who "wanted to create something that would feel a little irreverent toward the endless tide of black suitcases you may typically find while travelling." The resulting designs are bold and unique, featuring crayon-inspired graphics and florals. "I love when people customize their suitcases so they no longer look pristine; I really like a good scribble and I wanted to bring that unrestricted creative mentality into my collection," he explains. A sense of humour and romance played into DiCaprio's design; his Bigger Carry-On features a semi-transparent polycarbonate shell lined with photorealistic roses printed on nylon, creating the illusion of a bouquet in an empty suitcase. His co-designer, Bryn Taubensee, says, "Our bags will stand out in baggage claim—a place where there is often so much uniformity and homogeneity. We wanted to make something that could also be a conversation starter at the airport—who knows who you could meet!" Awaytravel.com

Wine Days Ahead

Mark your calendar! We're looking forward to many special sipping occasions in 2023

BY NOA NICHOL

January

JANUARY 10
Champagne and French Fries Day
 LANSON GREEN LABEL



February

FEBRUARY 5
International Syrah Day
 PENFOLDS BIN 28 SHIRAZ

FEBRUARY 25
Open That Bottle Night
 FREIXENET CARTA NEVADA



March

MARCH 13
International Riesling Day
 CEDARCREEK HOME BLOCK RIESLING



April

APRIL 17
Malbec World Day
 SANTA JULIA RESERVA MALBEC



May

MAY 5 **International Sauvignon Blanc Day**
 MISSION HILL FAMILY ESTATE RESERVE SAUVIGNON BLANC

MAY 17 **Pinot Grigio Day**
 FREIXENET PINOT GRIGIO

MAY 25 **International Chardonnay Day**
 CHECKMATE LITTLE PAWN CHARDONNAY



June

JUNE 23
International Rosé Day
 CEDARCREEK PINOT NOIR ROSÉ



July

JULY 27
Shiraz Day
 PENFOLDS BIN 28 SHIRAZ



August

AUGUST 18
International Pinot Noir Day
 RODNEY STRONG RUSSIAN RIVER VALLEY PINOT NOIR

AUGUST 30
International Cabernet Day
 BERINGER KNIGHTS VALLEY CABERNET SAUVIGNON
 AUSTIN HOPE CABERNET SAUVIGNON



September

SEPTEMBER 9
International Box Wine Day
 JUJU FINE WINES



October

OCTOBER 27
Champagne Day
 LANSON LE ROSÉ BRUT



November

NOVEMBER 7
International Merlot Day
 STAGS' LEAP NAPA VALLEY MERLOT

STERLING VINTNERS' COLLECTION MERLOT



December

DECEMBER 20
Sangria Day
 VECCHIA ROMAGNA



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